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NW Chilterns Community Board: <https://bit.ly/3h1LFSK>



@HughendenStreet



<https://bit.ly/2PNqQfg>



HELPLINE: 07392 683500

Issue 90, 7th April 2022



## Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfg>

### The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40>

### University of the Third Age – U3A



Keeping active both physically and mentally is important throughout our lives. We live in an area where outdoors spaces are easily accessible however keeping our brains active has been a bit of challenge in recent times.

Since its creation the University of the Third Age – U3A – has developed a wide range of courses and events aimed at the more mature student (!). U3A to campaign to promote positive ageing

The U3A is looking at how members can campaign to promote **positive ageing** and influence providers of goods and services to design what third-agers want, not just need. This will involve the U3A partnering with organisations that have similar objectives, which may result in wider awareness of the movement.

Sandi Rickerby, chair of the **Push Back Ageism Working Group** which has been looking at Government guidance on the issue, said: *“It will give us the opportunity to show the significant contribution we make to positive ageing. This will aid recruitment and ensure that U3A continues for many years to come. We are allowed to campaign, provided it is in support of our charitable purpose, which is the advancement of education, in particular the education of older people and those retired from full-time work, by all means, including associated activities conducive to learning and personal development”.*

*“Campaigning can take the form of raising awareness and of educating the public on a particular issue, either in support of that issue, or to oppose it. It can also be used to encourage the public to support the work of the charity. We can make public comment on social, economical or political issues, if these relate to our purpose. We can support any relevant policies of a particular political party, but not the party itself.”*

Government guidance for charities describes campaigning as a highly effective means of pursuing charitable purpose: *‘Charities have a vital role to play in society in promoting the interests of their beneficiaries and contributing to public debate. Their direct experience of their beneficiaries’ needs means they are often uniquely placed to do so.’*

To find out more about **U3A** visit: [www.u3a.org.uk](http://www.u3a.org.uk)

Don't forget to check the **Bucks Online Directory** for local community events taking place near you: <https://bit.ly/3lvrsgw>

### Ways to improve community health & wellbeing

Some useful suggestions from **Neighbourhood Watch** which we will be promoting over the coming weeks. Some of them will be familiar as they are part of our campaigning work.

#### 1. Setting up a Calling Tree

Here is how it works: You call three people. Those three people call three people each, making nine more. Those nine each call three people, reaching 27 more people. Those 27 each call three, reaching 81 more people. The phone tree builds. Call three people today to ask how they are doing. Reduce isolation and stay connected. ☺

#### 2. Organise a Litter Pick

This is something that the Association keenly promotes. It is also a great way to meet people. Contact Stan Jones for the tools: 07900 581703.

### Thames Valley Neighbourhood Watch



There is a **WhatsApp** message (and probably other media too) purporting to be from **Cadburys** offering free chocolate accompanied by the picture of a Cadburys Easter egg (timely!!). It gives a link to click on but within the link there is **.ru** this points out that it is a Russian domain and nothing to do with Cadburys. So people are well advised not to click on it, as one shouldn't do on any suspect message.

Any bogus text messages should be forwarded to **7726**. Any bogus emails should be forwarded to [report@phishing.gov.uk](mailto:report@phishing.gov.uk)

### Don't Forget.....

**30th May – 5th June** is **Neighbourhood Watch Week**. Lots of information and events – virtual and in person – are being planned across the region. Click [HERE](#) to find out more.

**Easter Monday: beating the bounds**. The exact 'bounds' may not be known however this is a great way to explore Hughenden Parish. The full boundary route is 13 miles and not for the faint-hearted however you can decide how much you wish to do. A picnic is planned at Great Kingshill with the finale at **St Michael & All Angels** at 3pm. To take part in this free to attend event please register your interest and to receive directions (could be useful!): [boundary@hughendenparishchurch.org.uk](mailto:boundary@hughendenparishchurch.org.uk)



### Contact the Editor

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