

### In this issue:

- Our countryside
- Alzheimer's Society update
- News from St Michael's
- Don't forget



NW Chilterns Community Board: <https://bit.ly/3h1LFSk>



@HughendenStreet



<https://bit.ly/2PNqQfg>



HELPLINE: 07392 683500

Issue 68, 14<sup>th</sup> October 2021



## Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfg>

### The Hughenden Street Association vision:

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40>

### Our countryside: let's keep it clean

Now that Autumn is here the thought of long walks in the countryside on sunny days with the leaves on trees showing us a fabulous display of colour and the hedges bursting with winter food for the birds is enticing. Taking our beloved dogs who really enjoy the chance to sniff and discover comes with some responsibilities. You might have noticed black poo bags hanging from hedges or trees.

These are attractive to horses and cows as they emit an attractive scent of protein used in dog foods. These bags are DEADLY as the plastic is also eaten. Whilst there are bio-degradable poo bags available the intention is not to hang them from a tree or throw them into a hedge, it is to put them in a bin or take them home for safe disposal.



Useful tip

### Alzheimer's Society update



The local **Alzheimer's Society** in partnership with **Buckinghamshire Council** continues to offer a range of support to both carers and people living with dementia. These include:

#### Carer support groups

**What?** The group provides the option for carers to ask questions, get information and share experiences in a safe and supportive environment and is facilitated by a Group Coordinator.

**When?** Meetings take place online by Zoom on the 2nd Tuesday of each month, 2.00-3.30pm

Contact: 01296 718956 email: [aylesbury@alzheimers.org.uk](mailto:aylesbury@alzheimers.org.uk)

The Society also offers information and support services for anyone recently diagnosed with dementia and their families.

**Singing for the brain®** is a great way to help people affected by dementia. Contact details as shown above.

### Lighting up Hughenden 2021

Following on from the success of our first 'Light Up Hughenden' and a more muted version last year, we really want to encourage everyone to get involved. This is the chance to showcase your lights and bring a smile to everyone's face! It is not too early to start planning as the shops will soon be filled with festive lights (fingers crossed!). Let's light up Hughenden by mid-December!!

### News from St Michael's



Generally, things are getting 'back to normal' with most groups within the Church meeting in some form. Here are some of the events taking place:

- Babies and Toddlers** meets every Thursday in term time 9.30-11.30 in the North Room of the Church, with a monthly Tiny Tots fun worship in church.
- Friendship Morning** meets every third Thursday in Church House at 10.30. This is primarily for those who are bereaved or live alone, with an emphasis on companionship.
- Our latest **Alpha** course has started

For all details of events mentioned here, or for another other details of what is going on in St Michael's, including service times, please consult our website.

[www.hughendenparishchurch.org.uk](http://www.hughendenparishchurch.org.uk) or telephone the office (Monday, Wednesday Friday, 9.30-12.30: 07928 536543)

Jane Tyrer

### Don't forget.....

Bucks Council is seeking residents view on **community safety**. The online questionnaire is open until 22<sup>nd</sup> October. Click [HERE](#).

**Naphill & Walter's Ash Residents Association** will be holding its **AGM on Friday 22<sup>nd</sup> October** at 7.30pm. Guest speaker will be **Geoff Pegg**, Director of Operations, Neighbourhood Watch. A great partner of HSA, Geoff will provide an enlightening update on 'Cons and Scams'. The evening will be chaired by Action Chairman, John Russell. Wine and nibbles will be provided.

Fuel queues prevented residents attending the first **Coffee & Chat** at Morrison's last week although the team did get chatting to a 92 year old gentleman who was keen to find out more. Run each Wednesday between 10 and 11am why not come along next week? Have your shopping list ready as there will be staff on hand to shop while you chat! No need to book, just turn up.

**Important date 18th October: World Menopause Day** Find out more **CLICK** on the logo



### Contact the Editor

Email: [Hughendensa@gmail.com](mailto:Hughendensa@gmail.com) or call: 07808 229476

