

In this issue:

- ❑ Household waste collections
- ❑ Dementia: Information & Support Services
- ❑ Spotlight: Mental First Aid



NW Chilterns Community Board: <https://bit.ly/3h1LFSk>



@HughendenStreet



<https://bit.ly/2PNqQfg>



HELPLINE: 07392 683500

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Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfg>

The Hughenden Street Association vision:

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40>

Household waste collections: Chiltern and Wycombe

This is because of a national shortage of HGV drivers and a small number of Covid-related cases meaning crews have had to self-isolate in line with Government guidelines. These factors have impacted waste collection services in the south of the county in recent weeks. Find out more [HERE](#)

Dementia Information and Support Sessions



Do you need help and support following a diagnosis of dementia? Come to our Virtual Dementia Information and Support Sessions

These sessions can be accessed from a computer, tablet or you can call in by telephone. They will take place on: 5 consecutive Tuesday mornings 10.15 – 12.00 Commencing 7th September 2021 Please book your place by phone. Call 01296 331749.

The sessions are informal with the aim of helping people to understand their diagnosis and what support is available. It also is an opportunity to share practical tips and coping strategies for everyday life. A key topic is the importance of staying healthy and keeping active.

The sessions are offered to people in the early to mid-stages of dementia. As one attendee commented: "I now realise that life with dementia can still be enjoyable. I no longer feel alone!"

There are many opportunities to get the support needed. To find out more email: memorysupport@alzheimers.co.uk



St Michael and All Angels Church Bat Walk

Yes, the headline is correct! A fun event for everyone! It takes place on Sunday 29th August at 8.00pm. Meet at the Mothers Union Garden which is at the top of the footpath at the church.

- Bat detector equipment provided!
- There will also be a hot dog and cuppa available for a suggested donation of £2
- The event will end about 9.30pm



Limited to about 25 participants.

Register soon via email: nature@hughendenparishchurch.org.uk

Spotlight On: Mental Health First Aid (MHFA)



Mental Health England First Aid publishes a regular newsletter. The August edition focusses on the mental health and anti-racism which has been highlighted by the reaction to the England footballers who missed the penalties. The edition offers a number of responses and a call to action. Take a look [HERE](#).

Browsing through the older news, the June edition highlighted the partnership with the [BBC](#) to create a mental tool kit. It offers a wide range of information and certainly worth a look.

Simon Blake, Chief Executive of MNFA England highlights the concerns that we all share around the removal of the Covid19 restrictions. He says:

"Recently we saw Covid-19 restrictions lifted, and I have no doubt will have left some people feeling conflicted. On the one hand, we all want our lives to return to normal, but on the other there is anxiety and uncertainty for many. At times like this, it's so important that we show tolerance, empathy and kindness towards each other and remember, that while some may find this a natural next step, others will be concerned for themselves, their families and loved ones."

Typo correction: Flower Festival

The **Festival** at **St Michaels and All Angels, Hughenden** will take place on:

Saturday 28th August between 12-4.30

Sunday 29th and Monday 30th between 11-4.30

Free entry. Refreshments served.



Bucks Council: Active Lives Survey



Don't forget to take part in this important survey. There are several ways:

- ✓ Use any internet-enabled device such as a laptop/pc, tablet or smartphone.
- ✓ Scan the QR code
- ✓ Phone in your replies: 0800 073 0348
- ✓ Contact Steve Handley for any queries: E: steve.handley@melsearch.co.uk



To take part in the survey click [HERE](#)

Deadline: **Friday 27th August**.

Contact the Editor

Email: Hughendensa@gmail.com or call: 07808 229476

