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NW Chilterns Community Board: <https://bit.ly/3h1LFSK>



@HughendenStreet



<https://bit.ly/2PNqQfG>



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Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfG>

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The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40> PLEASE SHARE THIS NEWSLETTER

New Ways November

New Ways November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Sign up to join a new course, activity or online community	2. Change your normal routine today and notice how you feel	3. Try out a new way of being physically active	4. Be creative. Cook, draw, write, paint, make or inspire!	5. Make a list of new things you want to do this month	6. Respond to a difficult situation in a different way	7. Get outside and observe the changes in nature around you
8. Choose a different route and see what you notice on the way	9. Find out something new about someone you care about	10. Do something playful outdoors - walk, run, explore, relax	11. Find a new way to help or support a cause you care about	12. Build on new ideas by thinking "Yes, and what if...?"	13. When you feel you can't do something, add the word "yet"	14. Be curious. Learn about a new topic or an inspiring idea
15. Connect with someone from a different generation	16. Broaden your perspective read a different paper, magazine or site	17. Make a meal using a recipe or ingredient you've not tried before	18. Learn a new skill from a friend or share one of yours with them	19. Find a new way to tell someone you appreciate them	20. Look at life through someone else's eyes and see their perspective	21. Try a new way to practise self-care and be kind to yourself
22. Use one of your strengths in a new or creative way	23. Try out a different radio station or new TV show	24. Join a friend doing their hobby and find out why they love it	25. Discover your artistic side. Design a friendly greeting card	26. Enjoy new music today. Play, sing, dance or listen.	27. Set aside 10 minutes time to pursue an activity you love	28. Share with a friend something helpful you learned recently
29. Look for new reasons to be hopeful, even in tough times						

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Don't Forget: Firework Safety



An organised, public fireworks display is much safer and more impressive than setting up your own. Details of public fireworks displays can usually be found in the local newspapers and on the local radio station websites.

Members of the public may only use fireworks on private property, such as their back garden. Only licensed professionals can use fireworks in public places. Click [HERE](#) for more advice.

Great Kingshill Residents' Association

Tomorrow!

FIREWORKS & BONFIRE

Friday 1st November 2024

Corner of Pipers Ln / Cockpit Rd

Gates open 6pm, bonfire lighting 6.30pm, fireworks 7pm

Tickets from the Spar Shop or Cryers Hill Post Office:
Single Adult £10, Couple £15, Family of 3 £20
Family of 4 or more £25, Under 2s free

CASH ONLY EVENT

All under 18s **MUST** be accompanied by an adult

Enjoy a fireworks display and bonfire that you can walk to.

BBQ and refreshments available as part of a traditional celebration

We would appreciate some help - can you spare a couple of hours?

Please email chairman@greatkingshill.org

Living With Dementia



It is a sad fact that living with someone who has dementia is never easy. It can be a lonely experience as not everyone can cope with seeing someone change before their very eyes. Dementia UK has developed a podcast, 'My Life With Dementia', featuring people caring for someone living with dementia as well as people grieving for a loved one. Click [HERE](#) to find out more.

As Soon As Spring Appears

Although the dark nights are just beginning it is always good to plan ahead. Here is a great recycling idea. ☺

On the subject of **Dark Nights**, don't forget to **Light Up Hughenden** in December! :_



Plants Buzz @Tiny Secret Gardens
19 October at 09:21
Grow seeds in eggshells and then plant them directly in the ground. The shell will serve as fertilizer.

Operation Grotto



Operation Grotto is TVP Buckinghamshire's response to the increase in burglaries during the winter months.

You will see an increase in high visibility patrols. The plan is to run this operation everyday until 31st January. Look out for updates on social media on police activities to reduce burglaries this winter.



Happy Diwali 2024

This Hindu **Festival of Lights** symbolises the spiritual victory of light over darkness, good over evil, and knowledge over ignorance.

This year it is being celebrated between 29th October and 3rd November.



HSA Pub Lunches

Hughenden Valley: 6th November at the Harrow, Warrendene Road. Contact Anne Smart, 07970 037419

Naphill & Walter's Ash, 20th November at the Spindle & Thread, Temple End. Contact Susan Bickerstaffe, 07880 519323

Great Kingshill: 27th November at the Full Moon, Little Kingshill. Contact Janet Booth, 07976 896219

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