

In this issue:

- Time To Talk
- Scam and Fraud Calls
- Would We Starve Without Bees?
- Stop Smoking 2024



NW Chilterns Community Board: <https://bit.ly/3h1LFSk>



@HughendenStreet



<https://bit.ly/2PNqQfg>



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Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfg>

The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40>

1st February 2024 – Time To Talk Day

About Tips Take Part Download a Pack Start Talking

Why talking is important

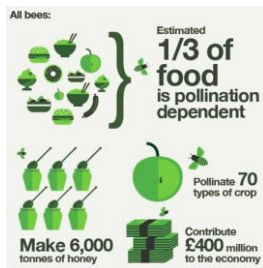
1 in 4 of us will experience a mental health problem in any given year. And the cost-of-living crisis is only making it harder to look after our mental health – the poorest fifth of the population are twice as likely to develop a mental health problem.

Sometimes it's easier to tell people we're 'fine' than it is to say how we really feel.

Click [HERE](#) to find out more.

Would We Starve Without Bees?

If you look at the plate of food on your dinner table, bees have played their part either pollinating the many vegetables and fruits we eat directly, or pollinating the food for the animals that we then consume. And that's not all bees do for us - honey and wax are two other important products that come courtesy of bees.



To find out more about the importance of bees click [HERE](#).

Scam and Fraud Calls In The Area

Thames Valley Police are keen to promote the fact that it has had a series of fraud cases across South Bucks. This involved suspects pretending to be police officers by giving shoulder numbers of serving officers, unfortunately there has been victims who have lost substantial amounts of money because of these scams.

This scam will likely proceed in the following way:

- ❖ Scammers will call claiming to be a police officer and explain there is a problem with your bank account. They may state there are corrupt staff at your chosen bank, or that your bank details have been cloned and they now require your assistance with their investigation.
- ❖ They will instruct you to transfer money into a secure account that they will claim is in your name, in addition they may ask you to provide cash, vouchers or valuable items to a courier. In reality, this bank account will belong to the scammers and a victim will end up transferring money straight to them, any cash or valuables handed over will be delivered directly to them also.

Sound familiar?

If you receive a call like this, it is best to end it. Police will never ask you to transfer or withdraw money, provide valuables or buy items on their behalf. They will also never request bank cards or ask for your pin. If unsure, you can contact the police and ask them to verify the validity of any call from someone claiming to be an officer.

Be aware

You could also receive a call of this nature from scammers claiming to be your bank or the tax office, so be vigilant.

For any suspicious phone call that involves your money, bank or personal details, you can “take five” and verify via a range of trusted methods, please visit here for more information: <https://www.takefive-stopfraud.org.uk/>

Always report suspected scams to **Action Fraud**, either online at www.actionfraud.police.uk or by telephone on 0300 123 2040, alternatively you can report via 101 or 999 if an emergency.

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