

In this issue:

- Wellbeing Winter 2023
- Hidden Crime Webinars
- Keep Burglars Out
- Iceberg



NW Chilterns Community Board: <https://bit.ly/3h1LFSK>



@HughendenStreet



<https://bit.ly/2PNqQfg>



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Hughenden Newsletter

Find us on Facebook: <https://bit.ly/2PNqQfg>

The Hughenden Street Association vision

For community life in Hughenden Parish to become better connected, supportive/supported, stronger and friendlier so that all residents are involved in it to the level they desire. This means working to create safer and connected communities encouraging residents to identify the needs of their neighbours to help them engage in the community. The Association has a key role to play in helping develop links to existing facilities whilst also working to support community groups to reach out to as many residents as possible.

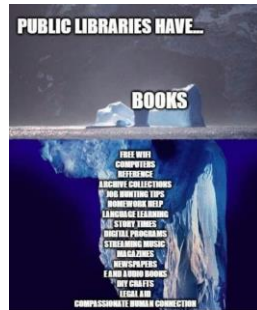
So much has been achieved by the Street Association with more still to do together. Take a look: <http://bit.ly/2Skst40>

Winter Wellbeing 2023

Mental Health First Aid (MHFA) is running a Winter Wellbeing campaign between 5th and 20th December. Winter is a time for reflection, growth and self-care and MHFA will be offering a range of free resources and support from wellbeing tips to insightful blogs and creative gift ideas. Further information will be included in this newsletter when it is available.

Iceberg

It is so important to use our local libraries which house an amazing array of resources as the image shows. [High Wycombe Library](#) offers access to free-to-use Health Stations, providing result for Body Mass Index (BMI), blood pressure, heart rate, body composition, perceived stress and alcohol. You can also borrow a portable blood pressure monitor. It is also part of the [Safe Place Scheme](#).



Hidden Crime Webinars

HIDDEN CRIMES WEBINAR SERIES

WITH EXPERT SPEAKERS FROM CHARITIES AND POLICE DEALING WITH THESE CRIMES,

- 20TH NOV: MODERN SLAVERY & HUMAN TRAFFICKING
- 21ST NOV: DOMESTIC ABUSE & VIOLENCE
- 22ND NOV: CRIMES AFFECTING YOUNG PEOPLE
- 23RD NOV: CONTROLLING BEHAVIOUR



FREE EVENTS

EVERYONE WELCOME

BOOK NOW

Click [HERE](#)

Neighbourhood Watch network is a charity registered in England & Wales, CO no: 1173349

Moving Up To Year 7: BuDS has a question



Bucks Disability Service (BuDS) is seeking feedback to inform its campaigning. Moving up to year 7 can be a really difficult time for many children, especially those with special educational needs and disabilities (**SEND**). We are working to improve the year 6 to year 7 experience for disabled and SEND children, and we would really like your help.

BuDS would like to talk to you about the year 6 to year 7 transition, focusing on any barriers your child may have faced, the quality of support your child received, and hear any ideas that you may have about how to improve the transition. This will happen by a video call with a member of our friendly team, at a time that is convenient for you. If you'd like to get involved, please click the button below, complete the short form, and we will be in touch with you. All responses will be held confidentially.

Click [HERE](#) to get Involved!

Bucks Housing Strategy Consultation. Click [HERE](#) for a chance to have your say.

Keep Burglars Out

Sound advice from Neighbourhood Watch.

- ✓ Lock all doors and windows while you are out or away.
- ✓ Check that side gates, sheds, and garages are locked and tools or ladders are not accessible.
- ✓ Store all house, car and window keys out of sight and away from doors and windows.
- ✓ Make your home look occupied by using a timer switch to turn on lights, a radio or TV from dusk. We sell timer switches @ £4.00 each – contact us via office@wdnhwatch.plus.com
- ✓ Ask a trusted friend or neighbour to keep an eye on your house if you are going to be away.
- ✓ Invite a neighbour to park a vehicle on your drive to help create the impression of occupancy while you are away.

For more crime prevention advice, please visit www.thamesvalley.police.uk and search 'burglary'.

Don't forget.....

The Harrow in Hughenden Valley will be hosting a **Christmas Pub Lunch** on Wednesday 6th December. Like last year, it promises to be a delicious meal, meet-up with your older neighbours and have fun. Phone Anne Smart on 0797 0037419 to reserve a place.

Contact the Editor

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