

Dave's no sticky paws crumble recipe!!

4 oz. sugar
4 oz. butter/margarine
8 oz. flour
2 oz. oats

Put all ingredients in a plastic bowl, microwave for 40 secs., then stir with a fork adding extra flour or oats until crumbly.

Sweetness can be varied by adjusting the sugar +/- 2 oz., I use wholemeal self raising flour but other flours are fine, other breakfast cereals can be incorporated with interesting results, e.g. cornflakes, Weetabix, etc., and flavours such as cinnamon with apple, ginger with rhubarb and elderflower cordial with gooseberries can all be added for fun.

Cover fruit with crumble mix and cook at 180 degrees C for about 40 minutes. Serve hot with custard.

Submitted by Nina Talbot