



@HughendenStreet



HELPLINE: 07392 683500

Covid-19 – Hughenden Parish response, 14th May 2020

Parish Council Covid-19 Support Group members include:

Bryants Bottom Community Trust, Speen & North Dean, Hughenden Valley Residents Association, Naphill & Walters Ash Covid-19 Support Group, St Michaels & All Angels Church, Great Kingshill Residents Association, Great Kingshill Covid-19 Support Group, Widmer End Covid-19 Support Group, Widmer End Residents Association, Street Association, Neighbourhood Watch, Buckinghamshire Council members Steve Broadbent and David Carroll

The next meeting is scheduled for Tuesday 19th May and will be reported in the next issue of this Guidance Note.

Useful guide for local support in Hughenden



The Street Association Directory is an invaluable resource : <https://www.directory.buckinghamshire.gov.uk/> It is updated regularly and if there is something missing then let us know!

Find out about mobile Covid19 testing locations: <https://bit.ly/2WXCOpt> - this week at Amersham

Party time across the country

VE Day celebrations provided a much needed-opportunity for residents to catch up – using social distancing of course – and there are many happy photos. Here are a few:



One Can Trust update

The response from all Wards within the Parish has been nothing short of fantastic. Collections continue and the Street Association is exploring ways to recognise everyone who has played their part so..... Watch this space!



Easing of lockdown

It is of course great news that we are now able to exercise as much as we like whilst maintaining social distancing. Whilst there is clearly some confusion hopefully in the coming days we will get the clarity we need.

Not everyone will be able to go out and about as usual: those shielding and the clinically vulnerable who will have received a letter either from the NHS or their GP must remain at home. If you have any concerns about a vulnerable neighbour, family member or friend please call Buckinghamshire Council (01296 383204). This 24/7 number is for coronavirus-related matters only.

In the last edition two questions were posed to this Group which can now be discussed at the next meeting:

1. As people return to work how might this impact on the number of volunteers?
2. How may self-isolating and vulnerable residents are there within the Parish who may not feel confident to go shopping or even leave their homes?

Mental health

The full impact of the pandemic on the daily lives of everyone, whatever their role will only become clear in the months and indeed years to come. As individuals we have reacted uniquely to what is happening. Understanding what we can control in our lives can often help us process what is going on and hopefully the diagram below is helpful.



Useful resources

The **Mental Health Foundation**
<https://bit.ly/3508dLN>

The local **NHS** has a support telephone lines for adults and children & young people . Here's the link for more information: <https://bit.ly/359cvRf>

This service is available 24/7 and aims to take the pressure off the 111 service . There are 2 dedicated lines:
Adults: 01865 904 997
Children & young people: 01865 904 998

There is also a **WYCOMBE SAFE HAVEN** for anyone experiencing a mental health crisis at the weekend : **01494 218098**. The Haven is an out-of-hours service, non-clinical space offering support, signposting, safety planning and listening support over the weekend (Thurs- Sat, 6.30pm to midnight).

Useful links at Bucks Council:

Daily updates: <https://bit.ly/2UlespS>
 Prevention Matters: <https://bit.ly/2y5y5ta>
 Twitter: @BucksCouncil



Comment or Question? Email hildas@btinternet.com