Naphill & Walter's Ash Gazette

November 2021

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	Come and	l Join Us !	
Our L	Local Clubs and (Organisation (Contacts
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Beavers	Barry Reading	01494 447121	
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Bridge Club	Margaret Stagg	01494 530736	
Cubs - Hughenden			handnhcubs@hotmail.com
Naphill	Martin Beddows		naphillcubscouts@outlook.com
Football Club - Junior	Andy Sinclair		mailto:naphillfc_cwo@yahoo.com
Senior	Harry Salter	07403 249208	
Friends of Naphill Common	Chris Miller	01494 563707	chairman@naphillcommon.org.uk
Good Companions	Pat Furness	01494 565501	
Men's Club	Andrew Wasilewski	01494 562770	naphillmensclub@yahoo.co.uk
Residents Association	Gloria LeFlaive	01494 563634	glorialeflaive@msn.com
Naphill Neighbours	Janet Judge	01494 563186	
Scouts (Naphill)	Adrian Curtis		naphill@chilternvalescouts.org.uk
Tennis Club	Jenny Tench	01494 562282	jttench@gmail.com



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Naphill Village Hall



Chairman - Clive Lawrence

Email: chairman@naphillvillagehall.org.uk Bookings - Tanya Stevens

Email: hallbookings@naphillvillagehall.org.uk Tel: 07851 169275

www.naphillvillagehall.org.uk

Local Council Contact Information

Bradenham Parish Council Clerk		Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
	Hughenden Parish Council Clerk	Melinda Woof	01494 715296	clerk@hughenden-pc.gov.uk
	Hughenden Parish Councillors	Paul Hardinge		paul.hardinge@hughenden-pc.gov.uk
	Hughenden Parish Councillors	Vacant		
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	Buckinghamshire Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
	Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk.
	Buckinghamshire Councillor	Clive Harris	07768 876568	Clive.Harris@buckinghamshiregov.uk

Helpful Contact Numbers

Hughenden Surgery	See website www,ourpractice.co.uk	01494 562189
Out of surgery hours		111
Breast Unit Wycombe Hospital	Breast lumps self refer	01494 526161
Stroke Support Service	Stroke sufferers, carers & family support	0300 3300 761
Shaw Clinic - Genitourinary Medicine	Genitourinary Medicine	01494 425430
Hearing Clinic Wycombe Hospital	Self refer	01494 526161
Specsavers Hearing (NHS hearing tests)	Self refer	01494 520304
Healthy Minds	Anxiety, depression, stress, postnatal wellbeing	01865 901 6000
Bereavement Listening & Support	Bereavement councelling	1296 332600
Wycombe Women's Aid/Also Men	Councelling re domestic violence	01494 461367
		Male 0808 8010 327
Carers Bucks	Help for carers	0300 7772 722
Alzheimer's Society	Dementia information & support	01296 331722

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Copy Date for December/January Gazette, 15 November 2021

So here we are, NOVEMBER! The days are short and the nights are long, the temperatures, along with the leaves are falling, and in our house, the heating is on! AUTUMN has arrived! It is easy to feel a little downhearted but as you will see as you look through this edition, we have so many things to look forward to! There is our amazing firework display. This is always a great event but especially so this year as we celebrate the the removal of the COVID restrictions which forced the cancellation last year. Please see page 8. A member of the Gazette photographic team has agreed to take lots of photographs and I look forward to sharing these, along with all the reports, in the December Gazette.

Remembrance Sunday is 14 November and our community will once again be able to gather for a service at our village hall. I have included special articles as we reflect and remember those to whom we owe so much, those who fought and died for us, never seeking recognition for the sacrifices they made.

On the subject of deserving recognition, I was delighted that Cathryn and Ron Carter were awarded the "villager of the year" accolade. Such worthy winners! They have worked tirelessly and selflessly never seeking and certainly never seeing themselves as "deserving" recognition for the work they have done. So many members of our community work quietly supporting our community in so many ways without the recognition or support which they deserve for their labours, so I am taking this opportunity to thank them all!

Still on our October edition, I was delighted that so many of you enjoyed this! When we get things wrong, it is of course important that we apologise, so my apologies to the Mothers Union members for missing out their report, this was totally accidental on my part. An advance notice to our advertisers. Judy will be sending out the invoices in the new year. To help meet our ever increasing costs, we will be discontinuing all greyscale advertising next year. Existing quarter page greyscale advertisers will be invited to upgrade their ads or they will be offered an eighth page colour space. All eighth page greyscale advertisers will be invited to upgrade their ads.

Brown Owl, alias Ruth Daley, has successfully run our brownies for over 20 years. She reports that there is a short fall in the numbers joining this group and she asks that we please encourage more girls to join! We certainly do not want to lose our brownies!

I generally favour a "no particular order" layout for the Gazette but this month, to mark Remembrance Sunday, I have grouped some articles together. Hopefully I have fitted everything in this time even if not exactly as sent, but of course, this is part of editing. I always try to make sure that there is a good ending to every edition. This month we have an unusually light-hearted effort with Mandy's article and a lovely "poem." Because we don't all share the same cheeky sense of humour, the poem has been slightly abridged. I will put the full version on the Gazette Facebook page, it is definitely "A Smile to finish with" this month! Thank you Peter Brookes for this contribution and to you all, more "smile" articles are always welcome please! As I learnt as a child, "Smile and the world smiles with you, weep and you weep on your own".

Thank you to Gary Britton for the cover photograph and to all the contributors for your input. Stay safe and enjoy November. On to Christmas next month!

Best wishes,

Sonia

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Naphill Village Hall & Playing Fields Council Chairman's Report Registered Charity No: 300309 www.naphillvillagehall.org.uk

On the 4 October there was a meeting of the village hall committee with sixteen in attendance. The notice board was discussed and it was agreed that Jo Keattch would be responsible for any postings on the notice board. It was also agreed that the notice board was only for Village Hall and Playing Fields business and no commercial advertising or material of a political nature will be allowed. This is in line with the village hall being neutral and non-political in any subjects and discussions not directly related to its running of the village hall and playing fields.

Tanya Stevens the lettings secretary reported that with what she had billed for October, November and December the village hall was on target and back to pre COVID weekend letting levels. The problem of storage was discussed and all those organisations that use the storage area will try to come up with various ideas to organise the storage in a better way.

The next village hall fundraising event will be the Fireworks event on the 6 November. If you want to attend The Best Fireworks Display in Bucks please buy your tickets in advance as there will be a limit on numbers on the crick.



On the 3 December there will be The Christmas Fayre. All the stalls have been booked so it will be a good time to do some Christmas shopping locally.

The Christmas tree lights will be on for the Christmas Fayre and they will remain in place, brightening up the village through the very darkest, longest nights until the 2 February.

The village hall's upkeep is ongoing and we are getting quotes for Wi Fi extenders. The drainpipes that were pulled off the wall on Downley Road have been repaired. It was also noted that there seems to be more rubbish being left on the playing fields, please do not litter, take your rubbish home or put it in the bins provided at the car park area of the hall.

Keep safe and well,

Clive Lawrence Naphill Village Hall Chairman

Diary Dates:

6 November - Fireworks Display 3 December - Christmas Fayre

Village Hall Christmas Tree Lights

In the past the team switched off the lights on 12th Night, ie 5th January. Earlier this year, because of the doom and gloom resulting from the COVID-19 pandemic, we decided to leave the lights on for the month of January. That seemed to have been very well received, and the donations of the public were very good indeed. Thank you ever so much. Those funds are a great help in paying for replacement equipment, insurance and electricity.

We hope to put up the lights on Saturday 27 November, weather permitting, or soon thereafter. We thought it would be a very good idea to leave them on until 2 February – Candlemas, to cheer everyone up in the dark days of January. 2 February used to be the traditional day to take down Christmas decorations.

Also, for those of you who put up your own displays in your gardens, why not leave them on until 2 February? English Heritage are in favour of us following this medieval tradition.

Cathryn Carter will be letting people know how to donate for the Village Hall Christmas Tree Lights in the December Gazette.



Mike Mason

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Hi Everyone, not long to go now! Our event this year is being held on Saturday 6th November at the Naphill Village Playing Fields. It is a fantastic event with a brilliant display of fireworks and we are delighted to be hosting our event again after the challenges of the past 18 months. This year the doors will open at 5.30pm, we'll have live music starting from 6pm, the bonfire will be lit at 6:15pm, the firework display starts at 7pm and then we will then have more live music from 7.30 - 8.10pm.

Refreshments include a bar with real ales, lager, cider, wine and soft drinks, we have a BBQ serving hot dogs and burgers and also mulled wine, soup and hot chocolate.

Tickets are available now from our website www.naphillfireworks.co.uk and in local village shops, they are available in advance for £8 adults and £4 children, buy early to avoid disappointment. All online child and family tickets will be entered for the Big Red Button draw.

There will be no parking in the Village Hall car park or on the roads nearby, so please walk or use public transport. Please do not bring any sparklers, other fireworks, or pets to the event as you will not be allowed in. In addition for safety reasons, please do not wear any reflective clothing. Please note that fireworks are dangerous and we take all reasonable precautions for public safety. You enter at your own risk and are responsible for the conduct of any children with you. We hope to see you there!



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Naphill Neighbours

On Monday October 11th we welcomed Tom Way for a return visit. It was an Open Meeting and we were pleased to see some gentlemen in attendance. The talk was entitled 'Africa Illustrated'. Tom is a superb wildlife photographer who produces very detailed images. Among the most memorable this time were an orangutan nicknamed 'Donald Trump' because of his orange beard, and a massive African elephant named 'Tiny Tim'. Tom explained how he managed to get such fascinating shots. Patience is the key, and experience, of course. A shot of a penguin in mid flight was the result of 23 days of waiting for just the right moment.

Meercats look charming but are actually quite feisty creatures; they fight a lot! They also have rituals to keep safe, posting a sentinel on lookout around the group. Gorillas are very placid animals and not aggressive; hence David Attenborough was quite safe when he got very close to them.

Tom once had a close encounter with a lioness. He was lying down photographing when she started

to walk purposefully towards him. The door of his vehicle was open in anticipation and he managed to dive in and shut it just in time! He travels on his expeditions with a very experienced tracker and guide. It was a fascinating afternoon.

Our next meeting is on November 8th when we have a speaker on the work of the Thames Valley Air Ambulance. Meetings begin at 2pm.







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At Naphill and Walters Ash School we are looking for a co-opted governor to join our governing body. As a governor you will be somone who makes a vital contribution to the success of the school.

Co-Opted Governors are appointed by the Governing Body to represent community interests and broaden community links. They live or work in the community served by the school, do not have children at the school, but have a keen interest in helping the community by supporting the school's success.

Being a Governor is a rewarding and effective way of making a voluntary contribution to our community and to positively affect the lives of the children at school.

School governors have three main roles:

Ensuring clarity of vision, ethos and strategic direction.

The governing body helps to set long-terms plans for the school, decide where improvements need to be made and how to make them. Holding the headteacher to account for the educational performance of the school and the effective and efficient performance management of staff.

The governing body looks at the quality of education being offered and ensures the head is doing everything possible to improve results. Overseeing the financial performance of the school and make sure funds are well spent.

Governors examine budgets and spending proposals to monitor whether the school is getting value for money and ensure it is spent in the right areas.

This role may be particularly of interest if you have skills in finance/accounting, human resources, data or education but we invite applications from anyone who is interested in helping the school be the best it can be. Full training is available, and governors are encouraged to attend regular training sessions, either in person or online.

We are looking for someone who has:

- An interest in our children's future
- · Time, energy and enthusiasm
- A desire to make a difference
- Readiness to accept responsibility
- An ability to work as a team
- The ability to ask questions, listen and learn



Governing Bodies are schools' strategic leaders. We meet formally twice a term and include parents, staff at the school, and community representatives.

The Head Teacher is accountable to the Governing Body. Our role is to set the aims & objectives of the school (together with the Head Teacher) in line with national guidelines and to monitor progress.

If you are interested in becoming a Co-Opted Governor then please submit a written application of no more than 150 words, detailing why you want the position and what skills, attributes, and experiences you have that will make you a success. You must be 18 or over to apply and all governors must have Disclosure and Barring

Service (DBS) checks.



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New Brownies are welcome to join us!

Naphill Brownies

Naphill Brownies find themselves in an unusual situation. For the first time ever, we are low on numbers. At the beginning of September, when we resumed indoor activities, the 13 girls on our books (existing and new brownies) seemed a sensible number. Unfortunately 3 of the new girls didn't show up. So, with the occasional absence, we now find ourselves with rather too few girls for some activities, especially the games, to work.

It would be great to welcome some new members. Brownies like to play games, do crafts & challenges, cook, sing and all manner of other activities!

In recent weeks, apart from the crafts and games and so on, we have been doing our Aviation badge – stomp rockets, parachutes etc. We have been on a leaf-collecting walk identifying and leaf-printing at least 15 different native trees and we have been on a visit to Hughenden Church where we discovered all sorts of fascinating things

If you know a girl aged 7-10 years old who would enjoy all this, do please get in touch.

You can either register interest via the Girlguiding website, or email me directly.

We look forward to hearing from you.

Brown Owl *Ruth Daly* ruth.daly3@btinternet.com 1st Naphill Brownies Thursdays 5:45-7pm

News from Naphill & Hughenden Scouts, Cubs & Beavers

A number of people have said to me recently that they thought Scouts had shut down so this is a short update to let you know that Scouts, Cubs and Beavers are alive and well! As we all know 2020/21 was a difficult year for us all. The entire scouting year was affected by the pandemic and face to face Scouting was suspended for many months throughout this time.

Most sections endeavoured to maintain some form of scouting and a number of 'at home' badges appeared on sleeves.

When outdoor face to face scouting was allowed to restart the cubs did meet on the Crick and the Scouts had activity meetings at an outdoor scout facility in the Chalfonts.

Unfortunately, we had to cancel our annual carol service, and all leader and exec meetings have been online via Zoom.



However, we are fully back now with two Beaver colonies, one Cub pack and one Scout group operating across Naphill and Hughenden, a total of nearly 90 young people (boys and girls).

There have been a few changes in the Adult leadership team with some new joiners to the team and some shuffling around. Hamish Pearson has completed his adult leaders training and was awarded his Wood Badge and Tony Bobbin is now leading Naphill Beavers. Barry Reading, who has been the Beaver Scout leader for over 25 years (wow!) is stepping back to Assistant Beaver Scout Leader to provide support across both our two colonies.

So now you know we are back, if you have any young people interested in joining Beavers, Cubs or Scouts, or if you are interested in lending a hand as a supporter to our Group, please reach out to Adrian Curtis, Group Scout Leader, naphill@chilternvalescouts.org.uk





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Friends of Naphill Common

Events

On Sunday 10th October the Bucks Fungus Group held their annual walk around the Common. This had been so popular in previous years that it was felt to be interfering with the serious main purpose of the walk, which is a survey of species to be found on the Common. The BFG have decided that these events will in future be restricted to members only, with a limit on overall numbers.

News

The posts formerly 'guarding' the entrance to Ladies' Mile at the bottom of Downley Road (near Pickup's Pond) had rotted away. We had hoped that the estate might assist in their replacement, but this has not proved possible, so we have installed a new set. The posts have come from invasive holly trees felled by our working parties (real recycling!), and thanks are due to Keith Denning and his team for help in erecting them. The only expense to the Friends was the provision of concrete, but if you like what we consider to be an improved look of the common as a result of our working parties, then do please become a member – it only costs £5 a year and the income helps pay the costs of undertaking this work.

The information boards at each of the five main entrances to the common were installed some 10 years ago and, inevitably, there has been some deterioration in their condition, particularly in the plywood backing material. We have been in discussion with local craftsman Tim Bird of Merlin Signs (he made the new 'pub-style' sign for the Village Hall) and have agreed for them to be restored to their original condition. This will cost a few hundred pounds for each board, so we are in contact with local councils, organisations and businesses in the hope that they will contribute to these expenses, which would otherwise take a significant part of our savings. There has been no change in the plans for the next phase of felling on the Common, which is still expected to start in the next few months.

The Common

Despite some recent rain (at time of writing), the Common remains relatively free from mud – wellington boots are not yet required on most of the tracks – but we can be sure that the mud will return. As they did last year, our working parties will spread wood chip (obtained from local tree surgery activities) to alleviate the worst-affected areas.

Activities

Our guided walks are again taking place, with longer walks (around two hours, finishing with optional lunch at a local hostelry when possible) being led by Ron Collins and Neil McMinn, and usually held on the third Monday of each month, starting at 9:25am prompt from the Village Hall. Shorter walks (around an hour, finishing with optional coffee and cakes at the Bon Ami) are led by Chris Miller and are generally on the first Wednesday of each month, starting at 10:30am from the Village Hall. The walks are free, and all are welcome.

Our working parties are also in full swing and take place on most Tuesday and Thursday mornings. Because they are dependent on the weather, it's best to check our web site for details (where our walking and other activities are also listed):

http://www.naphillcommon.org.uk/activities.html

Chris Miller Chairman





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When my daughters were at primary school, we were blessed with having a share in a family pony. 'Jock' was a grey, section A Welsh Mountain pony who loved children and was the perfect childhood companion for my girls. We shared him with two other families, meaning we had a pony for a third the cost and a third the looking after. With busy lifestyle schedules, being able to ride two days a week was no hardship since each family engaged in different after school activities and a thoroughly amicable arrangement was reached where everyone had access to 'Jock' on the days they wanted to ride.

We always knew winter was on its way when Jock started to grow his winter coat, and this heralded the down side of owning a horse – the winter care. He could stay out all summer long, but as the nights got colder and the weather worsened, twice a week the girls and I would trek down to his field to bring him in and stable him for the night.

I clearly remember it getting to November and stabling 'Jock' in pitch darkness before we went home for tea. 'Crikey!' I would think – 'it's only the beginning of November! How much darker can it get? And Christmas is still weeks away!'

My daughters and I often talk about those days and I smile now as I reflect on them.

As the clocks go back and we enter November, I wonder how many of us will be thinking 'Crikey! It's only the beginning of November! How much darker can it get? And Christmas is still weeks away!' The start of November always seems to see a dip in mood. The weather is worsening, nights are long and dark. The fun of Bonfire Night quickly gives way to a period of nothing as we wait for Christmas. Even the name of this month begins with a negative – *NOvember*.

For the Church, this month sees the end of the Ecclesiastical year, the new year beginning on the first Sunday of Advent. Dig a little deeper and you will see that the church goes out with guite an Ecclesiastical bang. This is the season of saints, beginning with All Saint's day on November 1st and ending with the feast of Saint Andrew the Apostle on 30th November. We often think of Christian Saints as those who have suffered a grisly end because of their faith, and sure enough, there are a good few of those commemorated throughout the month, but there are many others. St Martin who shared his cloak with a beggar is celebrated on the 11th, Queen Margaret of Scotland on the 16th with St Hugh of Lincoln being celebrated on the 17th and St Hilda of Whitby on the 19th. Richard Hooker, William Temple and hymn write Isaac Watts are all remembered on various days throughout this month. Theirs are stories of faith, courage, persistence, love and hope. Some are stranger than fiction. All provide an inspiring moment of enlightenment during this dark time of year.

Perhaps as the days grow darker, you can take inspiration from some of these stories of light.

May you be blessed with the light of God's presence this November.

Rev Jenny Ellis

PS My grown up daughters are both superb riders.



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Lacey Green Productions

Lacey Green Productions was started in 1983 by two families in Lacey Green, Julia and Mike Beaumont and Lynda and Graham Longhurst. They were soon joined by Nell and Brian Panter.

The plan was to build a community of actors, provide entertainment locally and raise money for charity. Everyone who has been involved would agree these have definitely been achieved. To date we have raised over £60,000 for local and national charities.

Over the years we have performed Musicals, Plays long and short, with and without dinner, Murder Mysteries and themed fund raising events to help finance the building of the new Millennium Village Hall.

We have made many friends who have supported us over the years. For all of this we are very grateful and we thank you very much. Sadly, all great things come to an end and the LGP committee has decided that the group can no longer continue so, despite our thoughts during lockdown we will not be performing again.

The whole LGP family have committed themselves to donate all our surplus costumes, props, electricals, etc, to other local organisations to help with their projects. We are also donating all unusable wood to Naphill's monstrous bonfire!

The cast and crew wish to extend their gratitude and best wishes to Equus Productions, Command Performers and Hughenden Valley Players who are all running in the local area, and have extended their interest in housing our performers!

Thank you again to everyone who has been involved over the many years and to everyone for your support.

Chloe on behalf of LGP



Let's 'Light Up Hughenden' again!

Almost two years ago Hughenden Street Association (HSA) launched the first 'Light Up Hughenden' to bring some much-needed cheer as we coped with the Covid19 pandemic. It was great to see so many stands and people at Napfest and everyone enjoying the car show and music. We want to keep that positivity going and invite everyone across the Parish to bring some festive cheer to the forthcoming long, dark nights. Naphill always has a beautifully decorated tree outside the Village Hall. Light up your house and garden to celebrate better times ahead and take a stroll around the whole Parish to enjoy the light show.

In the USA there are special tours where people drive around to see the best lights. Perhaps car share to save fuel and to minimise the impact on the environment. The latter is very important to all of us, and we are pleased to announce that the weekly HSA newsletter will have regular articles from the Hughenden Climate Group. Our goal is to ensure that we showcase everyone's' efforts at the 2022 Zero Waste Week. Tell us what you have been doing to minimise your carbon footprint and recycling.

Getting together

HSA has also been busy setting up a weekly Coffee & Chat in partnership with Morrison's supermarket in Temple End, High Wycombe. Why not come too? There are Community Champions on hand to do your shopping whilst you enjoy a cuppa and perhaps even a slice of cake!



The Hughenden Street Association, in partnership with Morrisons, is holding a weekly coffee morning to introduce likeminded residents. There will be an opportunity to share what topics you'd like to hear about for future talks.

Age is no barrier, all welcome! Bring a friend, neighbour, carer or come along on your own where a friendly host will greet you in the café.

Find shopping a struggle? No problem, a member of Morrisons will do your shop while you enjoy a cake!

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The Wheel

By the time you read this the clocks will have changed, and the nights will be longer, but as the chimneys have been swept the fires will be roaring to keep us all warm. On the brighter side we have lots of space to be able to accommodate you in our various areas, inside or out (if you wish to be brave)!

Mark and I would like to thank Chloe, Julia, Chef, and the team for letting us finally go on holiday back to Pembrokeshire. It was much needed, and we promise that no newly adopted dog was brought back this time!

Fireworks - Saturday 6th Nov. - We will be selling tickets (Cash Only) on behalf of the committee again this year prices are - Adults £8.00, Children £4.00 (5-12yrs).

We can't wait for this amazing night this year, as we have waited so long for it and will have our fingers and toes crossed for fine weather. As always, we will be collecting money for the fireworks fund on the night in our garden and carpark if you choose to watch it from here.

Please note there will be two sittings for food – 1st at 5.30pm and 2nd at 7.30pm. Please ensure you book a table for meals (we will not be booking tables for drinking only). Box meals will also be available for the front bar and gardens.

Remembrance Sunday 14th Nov. - As always, we will be selling all types of Poppies from pin badges to reflector key rings and much more. The Village Hall service is held at 2.30pm and is followed by the laying of wreaths, and a minute's silence. The service is always very well attended and if you are wishing to have lunch with us first, please book to avoid disappointment.

Christmas and New Year - Our Christmas menu is now available to pick up from the pub and will be available to book from Tuesday 30th November until Friday 24th December. Please ensure you book a minimum of two weeks prior (this is due to supply concerns and driver issues). All our Christmas hours will be published in the next Gazette along with details about New Year's Eve.

With winter here, wrap up warm have a great walk in this beautiful area, and we will see you back here for a pint or two while you warm up in a great pub with a great atmosphere.

> Thanks to you all as always. Claire and Mark

RAF High Wycombe Community News THRIFT SHOP RENOVATION AND RELAUNCH





The RAF High Wycombe Thrift Shop volunteers are thrilled to inform the Naphill and Walters Ash community that the shop has now reopened after 18 months of closure, largely due to COVID. We have used this period to undertake some significant renovations to the shop and we hope all our customers will like our fresh new look. The shop operates as a charity shop and is open to both the military and civilian community, also including Hughenden, Lacey Green and Speen.

As well as having lots of excellent quality stock at bargain prices for sale, each customer who opens an account can bring in a maximum of 10 items per week to sell. We take ladies and children's clothing and shoes, toys, books and household items (all items must be in very good or excellent condition) and customers receive 80% of the selling price and we keep 20% to donate to charity. Please note that we do not take anything electrical for safety reasons and men's clothing as it does not sell very well.

We are open 0900-1300 every Wednesday (term time only) and we will also aim to open one weekday evening per month (updates will be populated on all the local neighbourhood groups). You can find us off Main Road opposite Templemead; you do not need a pass to access the shop as we are just before the entry barrier to RAF High Wycombe. So please come and visit our shop, grab a bargain and meet our friendly team of volunteers who will be happy to answer any questions you may have. Alternatively, you can send any queries to our admin support via our RAF High Wycombe Thrift Shop facebook page.

Our final message is a plea for volunteers. If you can spare a few hours per week (or even just occasionally) we would love you to come and join our team of dedicated volunteers, some of whom have been helping at the shop for over 30 years! We have lots of different roles so there will be something to suit everyone. We look forward to welcoming back our customers, both old and new.

With warmest regards from the RAF High Wycombe Thrift Shop Committee and Volunteers.



Please note that this facility is open to civilians and RAF!



We can have tomorrow, because someone gave their today



A Message from Padre Lacey ⁻ What's in a date?

Last month I went over to Albania to preside at a funeral. I had been asked to do it way back in May this year...this is unusual when being booked for a funeral! But, this was a special kind of funeral, and, it would turn out, the date which it was set for, 20th



want to pause for Sgt Twiddy. Or perhaps it's someone else you are more closely linked to... or perhaps it's a story you read recently about someone...whoever it is for, pause for a moment to pay your respects and to then dream the dreams that

October 2021 would have a very profound impact.

On the night of 19 October 1943, Sgt Twiddy was onboard Halifax HR674, which was allocated to carry out Special Operations Executive Operation (SOE) in the skies of Albania. The crew of 7 were joined by two passengers, both attached to the SOE; the purpose of the mission was to drop supplies and the two SOE personnel. Sgt Twiddy was serving as an Air Gunner but was also the reserve pilot. In the early hours of October 20th 1943 the Halifax crashed and all on board lost their lives.

The crash site of the Halifax has recently been discovered and through some amazing work on the side of the military, it meant we could arrange a remembrance and funeral service for Sgt Twiddywhich brings me up to 20th October 2021.

On the 78th anniversary of the fatal crash we gathered to remember and commit Sgt Twiddy's body to the ground. The 20th October 1943 was also Sgt Twiddy's 22nd birthday, so he was committed to his final resting place on what would have been his 100th birthday...got goose-bumps yet!?

Normally I make a link here to a wellbeing or spiritual point for you to take away and ponder on or put into practice, but this time, I want to invite you, wherever you are reading this, to pause. November is a month of remembering, reflecting and taking stock of what we have, because of what so many gave up for us. Perhaps you we can have tomorrow, because someone gave their today.

To chat through anything please contact Padre Chrissie on: christina.lacey102@mod.gov.uk or 01494 494469





A Visit to Oradour sur Glane

November sees the observance of Remembrance Sunday. The day we gather throughout the UK and Commonwealth to observe a two-minute silence, acknowledging all those who have lost their lives in conflict around the world. So this month we thought we would try to be a bit topical.

My wife and I love to tour around Europe, particularly old cities and places of historic interest. During this summer we were beetling around France on our way to the south coast when my wife commented "Oh, Oradour is just a few miles away off the next motorway junction". Not being quite as well read as her, my reply was "So, what's there then". She explained its significance in WW2 history.

Oradour sur Glane is a little town about 13 miles north west of Limoges in the Nouvelle Aquitaine region of France. These days the area is predominantly noted for its green, rolling farmland and rich country cooking. However, on the afternoon of June 10th 1944, it was subjected to one of the worst Nazi atrocities committed on French soil. The SS "Das Reich" division surrounded the town and ordered the entire population into the market square. The men were split into groups, corralled into the towns barns and subsequently shot. The women and children were placed in the church, which was then torched. The rest of the town buildings were laid to waste. By the time the SS had finished six hundred and forty two men, women and children had been killed. There were only six survivors.

To this day no one knows the motivation for this barbaric act. The D Day landings had taken place only four days earlier. There is speculation that the Germans were panicking about the direction the war was going and this was a knee jerk reaction. Two days after D Day there had been some sabotage raids by the french around the town of Tulle, about 60 miles south east of Oradour. As a reprisal the SS lynched ninety-nine French resistance collaborators and put the bodies on display as a warning. Maybe something similar was the catalyst here.

Since the events of that day, the entire town has been left almost untouched, as a memorial to the victims. Everything is exactly the same as the Germans left it. The carcasses of rusting cars and bicycles are still in the streets. Shops signs still depict the names of their owners of the day.

Entrance to the village is via the Centre de la Memoire, and is free. There is a small charge for the exhibition.

Which brings us back to the original theme...... Remembrance, the reason why the French sustain the wreckage and memory of Oradour sur Glane.

www·oradour·org

Mike Beckley ⁻ Chiltern Hills Arboriculture





Service of Remembrance - Naphill Village Hall

A short reminder to you all that the Annual Remembrance Service will be held in the Village Hall on Sunday 14th November at 2.30 pm.

Remembrance Day holds a special place in the National Calendar in which we remember and give thanks to the many thousands of Allied men and women who have given their lives to ensure our freedom. We must all remember the gift of their lives.

Reg Horne



A Message from the Vicarage



November is traditionally a month of bonfires and fireworks, poppies and remembrance, and for the church the beginning of Advent (Sunday 28th). Significantly for 2021, also the month in which the UK hosts the 26th UN Climate Change Conference (COP26) in Glasgow: 31st October – 12th November.

For me, Advent and COP26 go hand in hand, which I will explain – but first, my thoughts on how we arrived at this critical climate moment:

The Bible tells the story of God, beginning with creation. God created our amazing planet, and all that it contains, with the icing on the cake being humankind. God created us to love. Love God, one another and God gave us specific instructions to look after the world in which we live together. Love is not love if it is forced, God has always given us the choice to love. History shows that we often make bad choices, preferring to choose greed and selfishness over love. There is much goodness in the world, but there is also brokenness.

'Advent' means 'the arrival/coming of something/ someone', it is a season both of looking back and looking forward.

Can you think of a film that you have really enjoyed, where there has been, or you are waiting for, a sequel? For me it is 'Bridget Jones's Diary', with the sequels: 'Edge of Reason' and 'Bridget Jones's Baby'. Perhaps for you, it is a Bond film (have you seen the latest?), or one of the 'Bourne' series? or 'Mad Max', 'Paddington' or 'Frozen'. Did the sequel live up to your expectations? Was it better than the original film?

Advent is a time when we look back to the first film, the story of Jesus' birth. It is set in a broken and messy world, with people living in fear. Fear from the Roman occupation, from indiscriminate tax collectors, from food shortages. At that time God broke into human history in a new and personal way. Jesus grew up alongside ordinary people, teaching the truth about God's love, and in dying, demonstrating the depth of God's love for us all. It is the most incredible original story!

During Advent, we also look forward to the most amazing sequel. God has promised that Jesus will return. His return will be an extraordinary and unprecedented moment in history, very different to his first arrival as a vulnerable baby in Bethlehem. The Bible gives us clues about what it will be like but doesn't say when it will happen – all we are told is the importance of being prepared.

I suggest we are best prepared by going back to God's original instructions, to love God, one another and to look after creation. The Climate Crisis we face affects the most vulnerable in society disproportionately, to show them love we need to take it seriously and play our part.

Can I encourage those of you who pray, to pray for our world leaders as they engage with one another throughout COP26, that they would make courageous decision on our behalf.

> *Rev Helen Peters,* Associate Minister, St Michael & All Angels

Church News

There were mixed emotions at a very special service on 3rd October when we combined our Harvest Festival service with saying goodbye to our youth worker Rebecca (Bex) Hawes. Bex was leaving her 9 year- long part time post with us to 'go full-time' at Wycombe Youth for Christ.

As well as saying goodbye to Bex, we gave our harvest offerings, which as in previous years, were in aid of the **One Can Trust**. Readers will know that this local foodbank has been in even greater demand than 'normal' since the beginning of the pandemic, supporting families in the Wycombe area with food parcels.

The busy service also involved a play by our children and young people about the biblical story of King Ahab and the presentation of a video made by youth members showing a typical Bubbles group session (for pre- schoolers). After the service freshly prepared hot dogs were served in the Churchyard in the sunshine.

Generally, things are getting 'back to normal' with most groups within the Church meeting in some form.

Chuch news continued

Babies and Toddlers meets every Thursday in term time 9.30-11.30 in the North Room of the Church, with a monthly Tiny Tots fun worship in church.

Friendship morning meets every third Thursday in Church House at 10.30. This is primarily for those who are bereaved or live alone, with an emphasis on companionship.

Our latest free **Alpha Course** began in October, each evening session starting with a meal at 7pm. The course helps people of faith or those not yet come to faith, find answers to the big questions of life.

Readers who are local residents will have received a request from us over the summer for ideas on the direction St Michaels' should take to meet the needs of its community. We will be reporting on this exercise very soon.

Looking ahead, our Christmas card setting out the times of our Christmas services will be arriving with you soon.

For all details of events mentioned here, or for another other details of what is going on in St Michael's,

including service times, please consult our website. www.hughendenparishchurch.org.uk. or telephone the office (Monday, Wednesday Friday, 9.30-12.30: 07928 536543)

Jane Tyrer

www.hughendenparishchurch.org.uk)



Services will be as follows:

9am Matins 10.50 am Combined Act of Remembrance in Churchyard

11.15 am Holy Communion

6.00 pm Evensong

You are invited to join us!





Hi I am Ray Pullen and I'm a professional chef with a real passion for all thing's food! My partner, Nathalie, and I are resident in Naphill and we are very much enjoying sharing our passion for cooking and our take away dishes with the local community. I publish a regular weekly menu on my Facebook page and I send this menu out via email, to my subscribers. If you want a SPECIAL meal which is not on the weekly menu, if you need a chef for a private event or function please get in touch! Our contact details are below.

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Growing Your Own

The latest figures are out. The Department for Environment, Food and Rural Affairs has reported that in the UK we produce only 18% of the fruit and 55% of the fresh vegetables we eat. Even meat comes from animals fed on a lot of imported feed, especially soyabeans. I find the latest figures shocking, and there are reports that farmers are reducing their crops for next year because they cannot recruit workers to pick fruit and vegetables. There seems to be little emphasis in this country on the need for food self-sufficiency. All the more reason for growing your own. It is so easy to grow fruit. Purchase a young bush, plant or tree in mid autumn, put it in, and three years later it should be bearing fruit every year with little maintenance. There will be an awkward gap between November and April when fresh fruit will not be available, but hopefully fruit in the freezer, apples wrapped in newspaper and bottled fruit will help. As for vegetables, if one eats seasonally there should be no need to resort to supermarket produce.

Of course, we like to eat out-of-season vegetables, and fruit which cannot be grown in the UK because our climate is not warm enough. Nevertheless, one day I may be able to grow bananas on my allotment! Global warming is already here and I had evidence of that this year. My strawberry crop usually lasts from May until July. This year, at the end of August, my strawberry plants were simply covered with flowers again, and strawberries appeared. I covered the plot with plastic netting to keep off the birds and harvested strawberries at the end of September. Amazing. I have had the odd flower on the plants in autumn before, but never fruit. As I write the plants are covered with green strawberries and I shall put fleece over them shortly to produce warmth to help them to ripen.

There are believed to be about 317,000 allotment plots in the UK and the waiting list is estimated to be 90,000. My plot is a 10-pole plot and measures 38 feet by 75 feet. We have received notice that the rent will rise next September to £60. When I took on the plot in 1973 the rent was 30 pence per annum. So the rent next year will be 200 times what I used to pay. Quite an inflationary increase! (From RPI data, £1 in 1973 is equivalent to £13.50 in 2021, not £200.) I am not really objecting. The allotments at £60 per annum for a full plot represent amazing value for money. As building land my plot would be worth over £80,000. Paying rent of £60 per annum on something worth £80,000 is a real bargain! Phone the parish clerk on 01494 715296 and stake your claim!

Good gardening,

Mike Mason



Environment - You may have read recently the news broadcast by the BBC on Biodiversity. Apparently the UK is one of the world's most nature-depleted countries – in the bottom 10% globally and last among the G7 group of nations.

For the last 35 years our Residents Association committee has worked consistently to do all it can to keep residents informed of local development plans and through reasoned arguments with the planning authorities, endeavored to protect biodiversity within our villages and in the surrounding Chilterns Greenbelt/AONB countryside. We thank all those who have made a similar effort to protect our fragile environment and continue to support residents in their legitimate objections to the further urbanization of our open countryside.

Local Planning Apllications , as supplied by NAWARA, are avaiable at <u>www.naphillandwaltersash.org.uk</u> Planning Applications The Residents Association also acknowledges the work done by The Friends of Naphill Common which emerged out of the Naphill Common Committee, originally set up by NAWARA nearly 30 years ago. In view of the worrying statistics on UK biodiversity, environmentally protective groups such as the Residents Association and Friends of Naphill Common seek and deserve the support of all of our population as we strive to protect our heritage of Chilterns biodiversity.

Speedwatch - In the last month 18 vehicles were reported for exceeding the speed limit through the two villages with a maximum speed of 43mph recorded. The volunteers currently authorised to carry out these checks number only 3 in our two villages and any additional help would be welcome. The new equipment now in use is very easy to operate and anyone able to spare an hour during the month who can join our team would be a great help. Please contact Gloria on 563634.

> John Russell Acting Chairman




Naphill Tennis Club

It's hard to believe that Christmas will soon be upon us once again? Let's hope it will be 'lockdown-free' this time and we can all celebrate with family and friends!

Before then, there is the Fireworks Event on Saturday 6 November. A great time to have fun and watch a spectacular display but spare a thought for Naphill's lovely artificial grass tennis courts which are not happy if any sparks or airborne glowing embers come their way!

Tennis is played all year round in Naphill and we are always pleased to welcome new members – beginners or experienced. As a beginner, we would suggest a lesson or two with one of our coaches before joining our very sociable improvers' group. For those who have played before or are returning to tennis after a break, you are very welcome to come along to one of our club sessions and join in with everyone else. I am sure you will like our 'Tiger Turf' court surface which is much kinder to the knees (especially those of our older members) than a macadam one!

Shear Madness Barbers



Mandy Dearden Tel: gents - 07843 100 574 girls: - 01494 563006 Email: s.madness@yahoo.co.uk Open: Mon-Fri 9.30am-5pm Saturday 8.30am-1pm CLOSED Thursday 245 Main Road, Walter's Ash, HP14 4TH Due to the uncertainly of Covid, we have not planned any big social events so far but our AGM to be held at 8 pm on Monday 15 November will be offering a free drink to all members who attend. On Saturday 4 December, we plan to hold our usual light-hearted Festive Tennis Event with mulled wine and mince pies. Prospective new members most welcome!

For further information, just get in touch with our Membership Secretary on 01494 563706 or email naphilltennismembership@gmail.com.

Jenny Tench



Hughenden Mothers Union News

For our next meeting on Tuesday 2nd November we have Judith Smith coming to tell us about her work in women's prisons. We have altered our autumn and winter meetings to start at 2 pm so that when the meetings end we are walking down the church path in daylight. But next Spring and Summer we may think about moving the meetings back to the evenings.

Recently a long-standing member, Edie Sadler, has died. She was in her mid-nineties, still a member of the choir and our Mothers' Union committee and we will always remember her by planting something in the mothers' union garden.

You may be interested to know that Mothers' Union supports Anti-Slavery day on the 18th October, gives donations to the Ronald McDonald House in Oxford, donates Baby Basics to Milton Keynes and donates to many more charities!

Don't forget, you don't have to be a member to come to our meetings. You would be made most welcome.

Norma Clarke

Camomile PT Mick Smith Carpets Personal Training **Quality Floor Coverings** and Nutrition Carpet Vinyl Laminate Luxury Vinyl Tile About you · You are looking to build or regain Quality brand name products from trusted strength, fitness &/or lose weight, but need some help to keep you on track? names, supplied and expertly fitted, from You like the idea of training on your own your local carpet and flooring specialist. or as a group (4 -8 people) or a You are happy to train online (or face to DO SOMETHING TOD SOMETHING combination? Free estimates advice and home sample service. TODAY THAT All with great customer service. YOUR FUTURE To suit all requirements, taste and budgets. SELF WILL THANK YOU FOR. For more info and references visit micksmithcarpets.com I offer · Programme of online classes offering full 01494 528847 balanced body workouts. · Personalised 121 tailored training programmes 1-2-1 or small group options Free initial consultation Locations & times to suit you Fully Qualified L3 Personal Trainer

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Functional Fitness – What is it and how can I measure mine?

There is increasing focus on functional fitness, which quite simply can be considered as being fit for the life you want to lead, and being able to do the activities that you want to do, adeptly.

There are several simple tests you can try at home to assess your general functional fitness and strength, I have described 3 below. Why not give them a go and see how you get on?

6 minute walk test – This is a test of cardio-vascular fitness and, as the name suggests, involves walking on a flat hard surface for 6 minutes and measuring the distance you cover in that time. A healthy mobile adult should be able to cover between 400-700 metres. The test can be taken and retaken over time, to measure improvements and requires no specialist equipment, other than a means of measuring the distance covered (Maybe a Fitbit or Strava app). Alternatively, you can measure out a 10m length marked at each end and can and walk from point to point for the 6 mins.

Balance – Do you still stand up whilst getting dressed and putting on underwear and socks? If you answered yes to this question then great, carry on doing so. If however, you find yourself sitting down, then it would be a good idea to test your balance. To do this time how long you can stand on one leg with eyes closed. If you are right handed, stand on your right leg and lift the left foot off the floor and vice versa. The average 50 year old can hold this for 9 seconds (compared with 28 seconds for a 25-30 year old). There are exercises which can help you improve balance.

Chair Sit to Stand test 30 seconds– This is a good test of leg strength, and involves seeing how many times you can sit down and fully stand up (without using the arms to help you) in 30 seconds. For reference the average for a 60-64 year old female would be 12-17 repetitions. To check that your chair has the correct seat height, the knees should be at right angles when seated.

Please feel free to contact me using the details below, if you have any questions or need any help or advice to improve your own functional fitness.

> Hilary Spain - 07909 833566 Level 3 Qualified Personal Trainer & Nutrition and Weight Management Adviser www.linktr.ee/camomilept

Butterflies and Orchids

As with the birding year, the butterfly season started slowly and late with both species and numbers very low. So much so that by the end of July I had only recorded eleven species with three being represented by just one individual. All this changed on 15th August. The garden reminded me of my parents garden during the 1950s where during the summer holidays their garden always seemed to be full of butterflies.

I have seven Buddleja with borders and beds of Rudbeckia, Helenium, Sedums and Asters all of which were covered in butterflies, fourteen species and a hundred plus individuals which brought the species count to eighteen, this being about average but numbers were still well down.

The Holly Blue is normally common, first seen in April but this year not until the end of May. This is a bivoltine species which means that it produces two generations in a year. With the spring brood late it follows that the summer hatching was also that much later and I recorded few blues throughout August and September. This trend was not restricted to the Blues – Meadow Browns, Ringlet, Small Copper, Marbled White, Gatekeeper and Speckled Wood have also been recorded very few times.

I do not remember a better year for orchids. Walking down the valley from the Old School House to Loosely Row they seemed to be everywhere, this in part due to work done by The National Trust and Andrew over the last few years. Give nature a chance and she will respond!

Some people will be surprised to know there are over fifty cultivars found in the British Isles, some found at only one or two sites. The Chilterns are well represented with over twenty being recorded. I logged nine but could not find the Ghost Orchid that was reported at our location in the valley.

Gordon.



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Toddle In Group nurturing curious minds Pumpkins & Poetry

Once upon a time, words began to vanish from the language of children. They disappeared so quietly that at first almost no one noticed - until one day they were gone.

But there is an old kind of magic for finding what is missing, and for summoning what has vanished. If the right kind of spells are spoken, the lost words might return...'

October the 7th was National poetry day. The children enjoyed some ditties and poems as a small group. The quote above has been taken from 'The Lost Words' by Robert Macfarlane and Jackie Morris. The book has beautiful A-Z of nature based acrostic poems, our favourites include the dandelion and the fern. Their other book is called 'The Lost Spells' and as the children have been learning all about owls, following on from an interest in the red kites flying overhead, they have loved to hear the poem 'Barn Owl'.

These books are special, and there are so many others similar to them. However, for our young children Nursery rhymes present the same qualities. They can hear a rhythm, possibly a rhyming string, or alliterative descriptions. We celebrate poetry and language in their many forms!

It would be remiss of me to get to this point in the season without a mention of pumpkins, hedgehogs and conkers! Our children have been drilling holes in, and threading conkers to create their own number line 1-10. It took them a few days, and a little trial and error and problem solving to get it to work, and it now hangs with pride in our Butterfly room. The children have been learning about owls and hedgehogs too. We are following on from a few children's interest in the beautiful red kites that fly over the villages. The group can now identify and name quite a few owls, and point out what their defining characteristics are.

We have been thoroughly enjoying exploring pumpkins! We have used them to paint, dripping colours carefully using pipettes and watching as the paint trickles down the sides, merging with other colours and finding it's path to the bottom. We have enjoyed scooping out the fibres and the seeds, creating a sensory tray, and pumpkin jelly. The children have their own mini pumpkin patch, where they dig and plant little objects, all the while practising their fine motor skills.

The children have begun to help us with our cooking. They enjoy cutting the vegetables, under the watchful eye of their key-person, and we have found that the children are far more likely to try the new Autumn flavours by being engaged in the process. Today, they enjoyed a roast butternut squash and pumpkin soup with bread rolls they made themselves.

It's such a beautiful time of year! We hope you are all able to get out in to the woods to find Autumn treasures such as conkers, pine cones, and the beautiful Autumn leaves.

We are still offering socially distanced tours, and now we have a short video of our Nursery on our website www. toddleingroup.co.uk/Naphill for families to take a look at. If you would like to book a visit please call Kim on 01494957196 or email enquiries@toddleingroup.co.uk.



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Everyone Is Welcome!

Looking forward to Winter? You can with u3a! Come and join us?

Remember your first visit is free. Once you've joined (£26 for the year Sept 2021 until Sept 2022), you can attend as many different Group meetings as you like during your year of membership. We've over 30 groups plus an additional Monthly Speaker and Christmas 'party' open to all members. How's that for value! Please contact our membership secretary for details.

Returning to meetings in Halls and Homes has raised the spirits of all our members. In the previous issue of the Gazette, we promised a special talk by Jeff Rozelaar discussing the 'State of Israel: Blessing or curse?' We were not disappointed. Please join us -whether you are a member or not - for Nick Corble's talk on 24th November for his talk on 'Diagonal Walking'-a walk from North of Liverpool to the South Kent Coast. Plus, for members only we have our popular Christmas Coffee Morning Party on Wednesday 15th December from 10am.

Best of all, when you become a member, you can attend as many different Groups as you like. Some operate in the mornings, some in the afternoons across halls and homes throughout our region. Not so hot on computers? We've a special Group for beginners. There's still time to join our 'Singing for Fun' or Ukulele Groups. Perhaps Whist is your thing or keeping up to date with science topics. There's the ever-popular Antiques and Collectibles Group and well as Photography. Why not join our 10 Pin Bowling Group? Or just come to one of our pub lunches but you do have to pay for your lunch! By the time this edition of the Gazette is distributed, the second meeting of our 'Discovering Music' Group would have met with Jazz chosen as our subject by one of our members. We are combining the musical and film memories of members with expert commentaries.

We've even organised short holidays. In 2021 we went to the Northeast and in May 2022 we will be holidaying in South Wales and the Bristol area. We welcome 'singles' as well as couples. Our holidays are booked up early with our chosen tour operator taking the maximum Covid precautions. Find out more at our meeting on November 24th as this might be your last opportunity to book. Of course, the tour could be 'sold out' by then. An email to our membership secretary is advisable.

If you are not a member but want to come and share in any of our activities, please do get in touch. You will also be able to see and take part in a wide range of extra topics offered by other organisations including the continuing and popular series of talks we offer members through the u3a's 'Thames Valley Network'.

A full programme over the winter

Now's the time to plan activities for the winter months and we are sure you'll quickly come to appreciate the work of our Volunteer Group leaders. You may even be able to help us by suggesting a new Group and volunteering to become a Convener yourself. If you have been at all lonely during this pandemic, we know we can make a difference for you this winter. You will be made very welcome. We look forward to hearing from you. Contact our Secretary: hwu3a.membership@ gmail.com

+ Meetings in Halls are Subject to Government Regulations

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By the time you read this we will have held our Autumn Exhibition at our new meeting place -Hughenden Village Hall. Gazing into my crystal ball I already know that this was a huge success and many of you Naphill and Walters Ash Gazette readers will have visited the exhibition... thank you!

Don't forget we have had a major makeover at Wycombe Photographic Society...

- Moved to a new meeting venue Hughenden Valley Village Hall
- New meeting evenings -1st & 3rd Wednesday each month at 8pm
- New programme of events
- More social no competitions
- Wider range of Guest speakers
- Monthly themed image discussion sessions for all members
 - Why you took the image
 - How can you use more of your camera's functions
 - · Smart phones they have cameras as well

Here is our coming programme of events:

NOVEMBER

Wednesday 3rd

"Creative Flash Techniques" by Chrissi Bell. Bring your cameras, flashguns and a wireless receiver if you have them, although they are not necessary.

Wednesday 17th

Nature & Wildlife "Themed Assignment" & General Work

Wednesday 24th

"The Dragon in Monochrome" talk by Margaret Salisbury FRPS, MFIAP, FIPF, APAGB & London Salon Member

To see everything that is happening in the NEW Wycombe Photographic Society please go to:

www.wycombephotographicsociety.org.uk

David Greenwood - Membership Secretary





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From volunteering to events, and sponsored walks to cycles, now is a great time to prepare a mulled wine and mince pie fundraiser, or dust off those trainers ready for a new challenge. Please get in touch to discuss how we can help you, your family, school, or workplace plan something special to support the well-being of our residents.

Your local contact is Lauren Baker, Senior Community Fundraiser and she can be reached via email community@starandgarter.org or by calling 07443 112317.

Turn your gifts into donations

We know the weeks leading up to Christmas can be very busy but raising money for a good cause can be a lot easier than you think. This Christmas, consider asking your friends and family to make a donation instead of giving you a gift. Simply direct them to our website where they can make a donation online: www.starandgarter.org/donate. Every £ raised helps us provide outstanding care for our wonderful residents.

Thank you in advance for your support and best wishes this festive season from everyone at Royal Star & Garter.



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Welcome to Lindengate

Reconnecting at Lindengate

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It's time to dig out your Winter clothes, wrap up and head down to Lindengate. As ever, we are busy preparing the gardens for the changing Season, cutting back our wildflower meadows, sowing grass seeds & dividing some of our Iris and other plant varieties, to be replanted.

We continue to welcome you, with our opening times set to change in line with the clocks going back. Take a look at our website for opening times. www.lindengate.org.uk

Tickets are now on sale for Lindengate in Lights, taking place over 3 nights, 17th – 19th December. Wander through our illuminated nature trail & enjoy refreshments & entertainment, as well as a variety of hand-crafted gifts available.

If you are looking for wildflowers, please contact orders@ lindengate.org.uk for further details. A variety of handmade crafts & gifts will also be available from Lindengate from 15th November. Why not break from tradition this year and instead of sending Christmas cards, send e-cards – a simple way of staying in touch & donating to Lindengate – you will find a variety of cards here: https://tinyurl.com/ rjumnvzz

For information on all our events & programmes at Lindengate, go to: www.lindengate.org.uk



Princes Risborough Rotary Club - www.rotary-ribi.org/clubs/homepage.php?ClubID=561

Supporting Our Community

Over the last 12 months our club has continued to provide essential support to local people and organisations, we've battled with the challenges that Covid-19 has brought and achieved wonderful results for our community.

Risborough's best kept secret has been as busy as ever over the past 12 months! Members have been supporting the Vaccinations Centres at Wades Park and the Hughenden Valley Surgery for over 6 months, they have provided a team of support for the Town Council's 7 Farmers' Markets, raised over £7000 for a refurbished Princes Risborough Primary School Sensory Garden and provided over 30 individuals to support the very successful Kop Hill Climb last month, all profits of which will go to local charities. These are only some of the Club's activities throughout the year. Since the beginning of the Pandemic, over £39,000 raised (distributed, mainly to local charities and organisations) and will continue to provide support to the community. The club also organises the "Tree of Light", an opportunity for townspeople to remember those who have passed on – this will be inaugurated on 28th November.

The Club will continue to play a major part in supporting individuals, organisations and groups in need of its help. If you want to join our team of volunteers, or if there is some way that we can support you, please go to our Website at: rcpr.org. uk or contact David White at david@dhwhite.co.uk, or telephone 07787 750889. Everyone is welcome. Don't forget to follow us on Facebook.



Shear Madness

November is my birthday month and a time to look back on my 52 years. School wasn't really for me I'm much more practical than academic but does that matter? Certainly not! Undiagnosed dyslexia, it wasn't recognised when I was at school, I was quite often labelled lazy but now look at me running a successful business for the last 10 and a half years. The Eleven Plus results are just out, some will be elated and some perhaps disappointed, but never give up, you can be whatever you want to be if you never give up and always do your very best! and play to your strengths and don't let people put you down. "We are all clever in our own way"

This leads me on to my friends son who was signed for Thame United 1st team at the start of the season. Lewis Thorne is following in his dad's footsteps as Alan managed Thame United in the late 90's, Lewis started his football career at the age of nine and went on to Oxford United Academy for three years then onto Oxford City Academy, all this alongside a plumbing apprenticeship. Well done Lewis don't forget when you're rich and famous who did your hair for most of your life! endorsements welcome ha ha!

Winter is coming but fireworks and Christmas fetes and fayres all to look forward to, so enjoy but stay safe, that's me till next month.

Love as always

Mandy x

And a Smile to Finish

"Clean your room," "Feed the cat," "Tidy this," "And tidy that..." Life's too short for boring chores, Why do we need to clean our floors? "Pick your up your shoes," "And flush the loo! Brush your teeth and take a shower" Are you obsessed with parent power?

But then one day, with no warning, Silence came, a brand new dawning. The shouting stopped, I'm my own boss, No more soap or dental floss. "Breakfast Mom," now this I like, "Make your own, I've gone on strike!" What? Make my own? I'll call her bluff, I scoff three bags of cheesy puffs. She didn't blink or moan or nag, Oh no I'm late, where's my bag? "Have a wonderful day!" mom said, She knew exactly what lay ahead. Jokes on her, I'm not wearing pants, I smiled and did my no pants dance. Now, out the house, darn, forgot my cash, With an orange cheesy puff moustache. I made the bus, only just, That showed mom, she can eat my dust! Oh gosh, my homework's still at home, I left it with my mobile phone.

At school, things went from bad to worse, Headteacher shouted "Go see the nurse!" Why? What's wrong? What did I do? Maybe it's my missing shoe? Just as I knocked upon the door, I racked my brain one time more. What can it be? "Hello matron", Oh s**t, I've got no trousers on!

Matron cracks a knowing smile, Takes out her phone and starts to dial. I'm blushing as I cup my glory, She's calling the papers, a front page story!! So I spend the day in a pleated dress, And make it home, an utter mess.

Mom, oh, mom, please nag away, I couldn't last even one day. At last, I think I really know, The reasons for your puff and blow. You care for me, that's how you show it, You love me much, and now I know it. Mom reached out, kissed my head, And whispered, "Now brush your teeth and go to bed!"

Peter Brookes





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