

A large, bare tree with a complex branching structure is the central focus of the image. It stands in a garden with a wooden bench and a trellis structure. The background shows a green field and a cloudy sky. The text 'Naphill & Walter's Ash Gazette' is overlaid on the upper part of the tree.

Naphill & Walter's Ash Gazette

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Photograph courtesy Jonathan Hilder

April 2022

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Naphill & Walter's Ash Gazette April 2022



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Our Local Clubs and Organisation Contacts

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Brownies (Naphill)	Ruth Daly	01494 565571	ruth.daly3@btinternet.com
Bridge Club	Margaret Stagg	01494 530736	
Cubs - Hughenden Naphill	Martin Beddows		handnhcubs@hotmail.com naphillcubscouts@outlook.com
Football Club - Junior Senior	Andy Sinclair Harry Salter	07403 249208	mailto:naphillfc_cwo@yahoo.com
Friends of Naphill Common	Chris Miller	01494 563707	chairman@naphillcommon.org.uk
Good Companions	Pat Furness	01494 565501	
Men's Club	Andrew Wasilewski	01494 562770	naphillmensclub@yahoo.co.uk
Residents Association	Gloria LeFlaive	01494 563634	glorialeflaive@msn.com
Naphill Neighbours	Janet Judge	01494 563186	
Scouts (Naphill)	Adrian Curtis		naphill@chilternvalescouts.org.uk
Tennis Club	Jenny Tench	01494 562282	jttench@gmail.com
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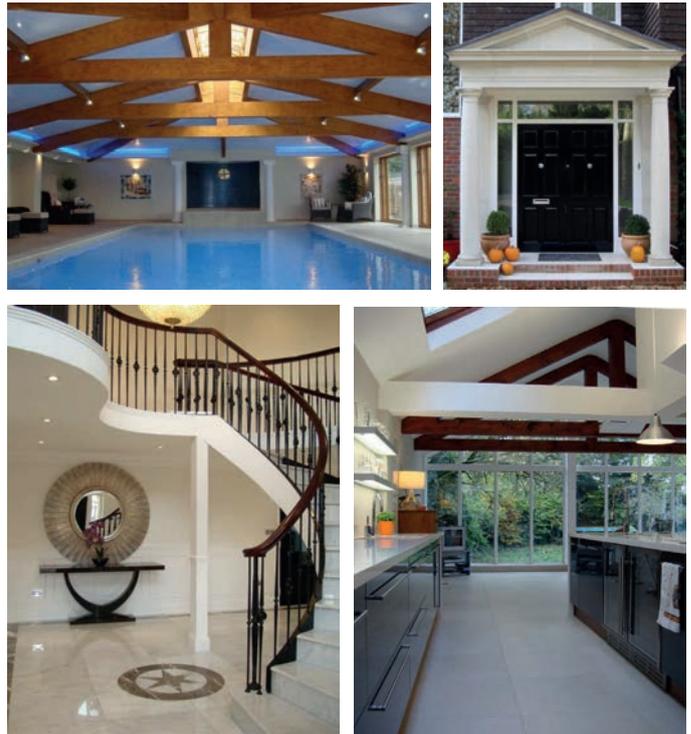
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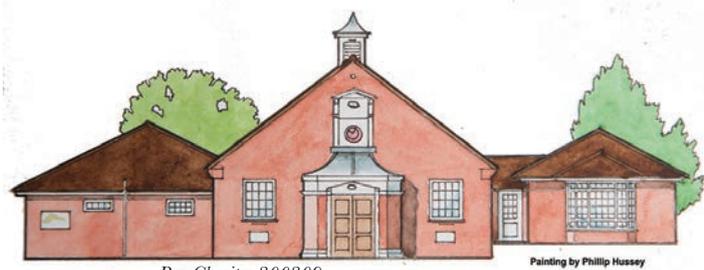
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Local Council Contact Information

Bradenham Parish Council Clerk	Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
Hughenden Parish Council Clerk Vacent	Andrea MacFarlane	01494 715296	clerk@hughenden-pc.gov.uk
Hughenden Parish Councillors	Neil McDonald		
Hughenden Parish Councillors	Chris Janes		
Hughenden Parish Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk
Buckinghamshire Councillor	Clive Harriss	07768 876568	Clive.Harris@buckinghamshiregov.uk



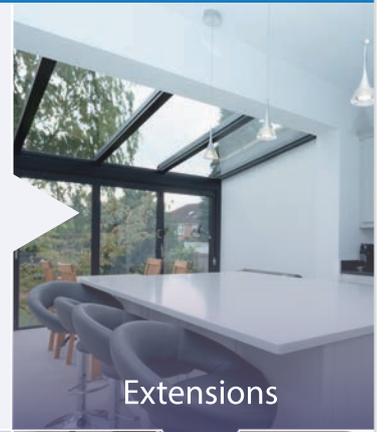
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Copy Date for May 2022 Gazette, 15 April 2022

Welcome to our April/Easter Gazette! So, on this beautiful, sunny, Spring morning, with this edition of the Gazette almost ready to go to the printers, it is time to sit for a little longer and once again have the privilege of talking to you all.

Let's start with the good news! Our Parish Council is once again quorate! We have a total of ten parish councillors, Naphill and Walter's Ash have three councillors and there is just one vacancy in our ward. If you are interested in filling this post please see page 13 for more details. The names of all the Hughenden Parish Councillors are also on page 13. I thank them all for stepping up and wish them well as they undertake the backlog of Council business and seek to appoint a new Parish Clerk and a Deputy Parish Clerk.

This month I publish a heartwarming article from Abigail Sawney who has become the custodian of Pam Smith's "Past Times" books and memorabilia. This archive of material represents a lifetime's work of collecting, storing and sharing by Pam, our amazing local historian, a lady to whom I am so grateful. There are ongoing discussions as to how this treasure trove might possibly be digitally recorded and so made more easily accessible to us all. I look forward to sharing more news on this as the project develops.

You will see that I have added QR codes to make accessing websites and associated information quicker and easier for those who wish to use them.

If you want a code added to your article please send me the URL and I will then generate the code so that it can be used from the printed page.

My thanks to Judy for publishing the Gazette accounts. This is another area of Gazette management which, in her capable hands, I do not have to be concerned about. I thank all my team members for their ongoing help and support.

We are very sorry that we are having to increase the Gazette subscription this year, this is the first increase in ten years. During this time, as technology has advanced, so the Gazette has developed and grown. The increased costs incurred have mainly been met through our advertising revenue. Recently our printing costs have risen sharply and we now have no option but to raise our subscription charges to you, we trust you will understand and we thank you for your ongoing support.

It is now definitely SPRING! The clocks are going forward, we will have more hours of daylight to enjoy and lots of great village events to look forward to. Please support and join in!

My thanks to all our contributors and I look forward to receiving all your news for the May edition on or before 15 April please, by which time I hope that the world beyond will have become a kinder and more peaceful place.

Have a lovely Easter!

Sonia



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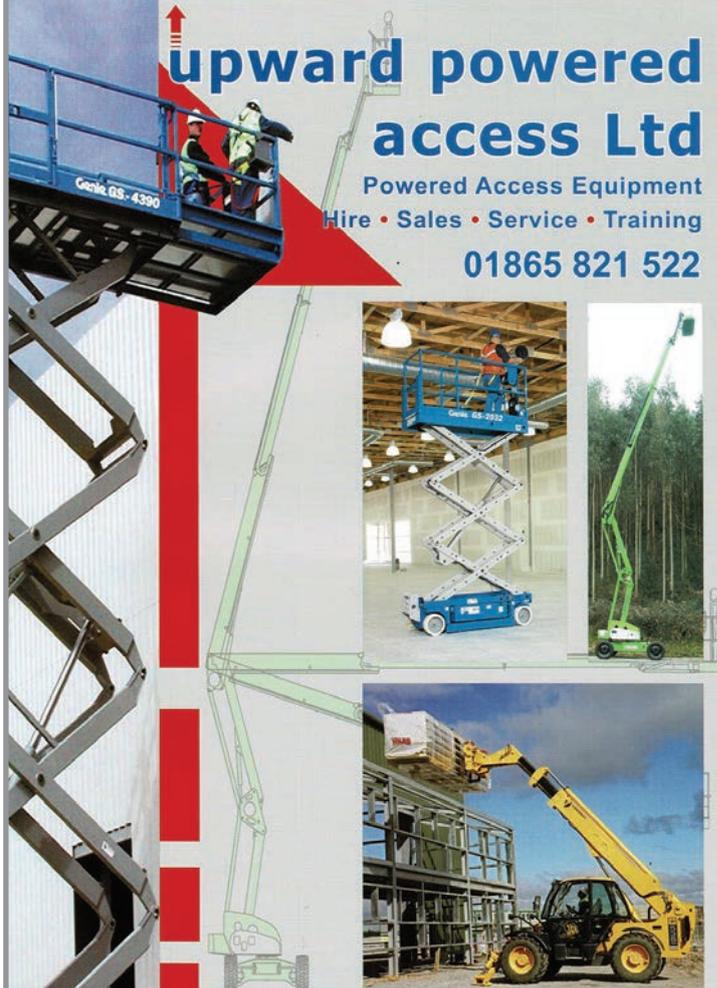
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Naphill & Walter's Ash Gazette Annual Treasurer's Report

This report covers the financial year from 1st February 2021 to 31st January 2022.



INCOME	31-Jan-21	31-Jan-22	EXPENDITURE	31-Jan-21	31-Jan-22
Adverts*	£16171	£17545.00	Printing	£14703	£16358.00
Subscriptions	£2743	£2739.83	Delivery costs	£34	£34.20
Donations	£500	£0.00	Web Site	£66	£78.59
Interest	£1	£0.73	Table top sale	£0	£105.24
Table top sale	£0.00	£184.00	Software licence	£649.22	£649.22
			Postage	£32	£48.79
			Consumables	£0.00	£59.42
			Prizes	£0.00	£140.00
			New collecting tins	£134	£0.00
TOTALS	£19,415	£20,470		£15,618	£17,473

Year end balances

Reserve account	£ 12,389.42	(contingency fund)
Current account	£ 15,749.86	(includes £13,730 paid in advance for current year adverts)
Petty Cash	£ 123.40	



We were once again unable to print two editions of the Gazette due to the pandemic and the money saved has been added to the reserve fund.

The existing advertising rates were held for another year due to the impact of the pandemic on local businesses. Plans to move the existing black and white adverts to colour were not in the end implemented as we felt it unfair to make this change in the current environment as it impacted our long-time advertising supporters. However, the printers now charge for full colour whether we use it or not so all new advertisers are only offered colour as an option.

It has been easy to budget for the last few years as printing costs have remained constant, however our printers have now provided a warning that due to unprecedented raw material price increases, prices may be subject to change at any time prior to order. The February edition saw a 4% increase in printing costs and March was another 10% on top of that 4%. The subscription of £3 per annum has been held for many years but as a result of these unprecedented price rises, we will have to increase it to £5 this year. We anticipate collecting it in June.

Unlike some other local publications, the Gazette is still run entirely by volunteers from the local community without personal financial gain of any kind. It would not be possible without the support of our advertisers so please always consider them when looking for local services. We continue to be very grateful to all our contributors, both individuals

and representatives of local organisations, who take the time to send in their articles each month. We have a large distribution team organised by Ian Hall who ensure that your copy reaches you safely and we couldn't do it without them. The Gazette support team of Peter Davis our webmaster, Paul Goby and I do our best to keep things running smoothly in the background. The biggest thank you to Sonia Goby our Editor who gives up more of her spare time than is reasonable to bring you the magazine each month.

If anyone would like further information about any aspect of the gazette finances then I can be contacted using the details below.

Judy Whitehouse – Treasurer

judy.demon@btinternet.com 07813 678844

PLEASE NOTE:

- **Annual Gazette Subscriptions will be £5 for the year 2022.**
- **Subscriptions will be collected with the delivery of the JUNE edition of the Naphill & Walter's Ash Gazette.**



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Naphill Village Hall & Playing Fields Council Chairman's Report

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On the 7th. March the Village Hall Committee had the monthly meeting. There were 17 members present. Many things were discussed, including progress on the tennis club lease and Bon Ami lease. We are awaiting a valuation by a certified estate agent before we can move forward. After filling in forms for the inland revenue Judy has received confirmation that our gift aid donation has now been paid to the village hall.

With the onset of spring we discussed the fundraising events. The firework committee will organise a beacon on the crick on June 2nd. More details next month.

On the Sunday 5th. June the crick will be available to hold picnics, if anyone would like to organise the afternoon you can contact me via the village hall website.

The fete will be held on Saturday 11th. June and will be combined with the R.A.F. families day and the RAF will be funding the rides. Classics on the crick will be on Sunday 12th. June. The Fireworks will be on Saturday 5th. November.

In January Cadent replaced the gas main in Downley Road and the gas was turned off to the village hall. When the gas was reconnected the boiler supplying Bon Ami and the mens club was found to be not working. Further inspection revealed that the boiler was broken and is beyond economic repair. I have told Cadent that as the boiler was working when the gas was turned off, they owe the village hall a replacement boiler, discussions are ongoing. Unfortunately as the village hall is a commercial customer as far as the gas suppliers are concerned our gas bill is going up sixfold, so we will adjust the hiring rates accordingly. The cost of the electric has also doubled so it appears that we will be paying around £15000 a year for gas and electric!

The AGM of the village hall will be held on 4th. April at 8.00. Any person who resides in Naphill or Walters Ash will be welcome to attend.

Clive Lawrence - Village Hall Chairman

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Our fabulous RAF guys and dolls are once again providing all the fun of the fair but we need all of our village groups and individuals to step up NOW!! There is NO Fete without fun, games, bands, displays, stall holders and dogs to take part in the dog show, so please step right up!

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Hughenden Parish Council - Chairman's Report

Hughenden Parish Council has been unable to operate normally for some time due to several resignations leaving us with only two councillors (out of an intended 15). This meant that the Council was inquorate, i.e., unable to make decisions. We have also been operating with only one officer who has recently resigned. We recognise that this period of challenge may have impacted Hughenden Parish.

The good news is that Hughenden Parish Council became quorate on 8 March 2022. The parish council held its first meeting on 14 March 2022 and the council now has ten councillors three of whom represent Naphill & Walters Ash Ward. These new councillors bring considerable experience and energy, and we are determined to rebuild the parish council. There is significant challenge ahead including legacy issues to understand and resolve. The parish council will focus on critical issues first, but we hope to deliver positive change which will benefit both parishioners and local environment.

In the short term we intend to get fully up to speed with outstanding and current work and to ensure that payments are processed, relationships rebuilt, and help and support provided across Hughenden Parish.

Until new staff are appointed, Cllr Jill Armshaw, who formerly served as Deputy Clerk, will temporarily act as Proper Officer keeping an eye on administration and Cllr Stan Jones will temporarily act as Responsible Finance Officer. The rest of the council will roll up their sleeves and get things done.

If you have any concerns, wish to join the council, or offer support please email clerk@hughenden-pc.gov.uk This email address is monitored remotely and we will get back to you.

Thank you for your patience and understanding.

Yours faithfully

Cllr Simon Kearey

Chairman of Hughenden Parish Council

For more information visit:

<https://www.hughenden-pc.gov.uk>



Hughenden Parish Councillors

Naphill & Walters Ash Ward (1 vacancy)

Cllr Andrea MacFarlane
Cllr Neil McDonald
Cllr Chris Janes

Great Kingshill Ward (1 vacancy)

Cllr Debra Main
Cllr Stan Jones

Widmer End Ward (1 vacancy)

Cllr Linda Derrick
Cllr Phil Renshaw
Cllr Gareth Cadwallader

Hughenden Valley Ward (2 vacancies)

Cllr Simon Kearey
Cllr Jill Armshaw



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A Message from Rob Butler MP

As I write this in March, my thoughts are with the people of Ukraine as they face an outrageous attack on their sovereignty. Putin's invasion appals every one of us, and I know that we all stand with Ukraine at this extremely difficult time.

I know that many people want to assist the thousands of innocent people being attacked by Putin's evil regime. Unfortunately, it is not possible for many goods to reach Ukraine, either because they cannot be processed at some of the borders en route, or they may not be suitable for the people in need or there could be difficulties getting access to the towns and villages where help is required most urgently. For that reason, the best way to help is through the Disasters Emergency Committee (DEC) Appeal, as they can ensure that donated money is used to buy exactly what is needed most and get it to the right place at the right time.

The Government has also announced the Home for Ukraine programme which will allow individuals, charities, community groups and businesses to bring people escaping the war to safety, even if they have no ties to the UK. Hosts will receive £350 a month for housing Ukrainian refugees, with people able to nominate a Ukrainian family to stay with them for at

least six months. You can find details regarding the scheme at homesforukraine.campaign.gov.uk.

Since my last contribution to the Naphill and Walter's Ash Gazette, we have continued to make tremendous progress in curbing coronavirus. The success of the vaccination rollout has allowed us to move considerably closer towards normality. The Government's decision to lift all remaining legal restrictions is extremely welcome, and reflects the huge efforts of scientists, NHS staff and volunteers who have contributed to the vaccination programme. Our progress would not have been possible without the sacrifices made by local residents over an extremely difficult two years. We must now adapt to live with Covid, taking care of the most vulnerable, but also returning as far as possible to the freedoms we cherish.

In Westminster, I am continuing to raise local people's concerns with individual ministers and on the floor of the House of Commons to support local people and businesses in Naphill, Walters Ash and the rest of the Aylesbury constituency.

Kind regards,

Rob Butler



Naphill Neighbours

At the last meeting of Naphill Neighbours we had a very interesting young man from the Discover Bucks Museum tell us about the origins of the Liberty store in London.

Arthur Liberty was born in Chesham. In the 1860's he started working in a shop in Regents Street. He was a very artistic, bohemian type of man and particularly interested in the Japanese silks and prints on display at the Kensington Exhibition in 1862 and this was how the Regents Street store (entrance round the corner - due to planning restrictions of the day) started out.

The black and white timbers of the building came from a warship that was being dismantled and the figurehead of this ship resides in the garden of the Liberty house in the Lee, Great Missenden.

Our main outing this year is a return trip to Savill Gardens for a few hours visiting the gardens and spending time in the lovely shop and restaurant. In the afternoon we board our coach again and travel the short distance to French Brothers boatyard at Runnymede for a two hour cruise on the Thames during which we will have a Cream Tea. We first

made this trip in the summer of 2018 and thoroughly enjoyed it and after two years of not being able to go anywhere, we thought it would be great to relive the experience. The date for your diaries is Thursday, 21st July and the price is £50, the cost of fuel has pushed it up quite a bit, and we are asking a £10 deposit to secure your place. We are taking names at our April meeting so why not come along as a guest and meet us all.

Our next meeting is on the 9th May when Edwin Rye will be talking about garden flowers, if you are interested or if you need to know anything else then please phone me.

Norma Clarke

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Friends of Naphill Common

Felling

The felling operation will be complete by the end of March but the extraction of timber from within the wood and clearing the piles of logs at the end of Forge Road will continue into April. Although the recent wet weather has rendered the condition of the affected footpaths and bridleways atrocious, making some of them almost impassable, once the ground has dried sufficiently the Estate will arrange for the rides to be reinstated (as was done in previous phases of the felling). If the weather is kind this might be achieved by the end of May.

Once fledglings have left their nests in late summer, the Estate will bring in a 'mulcher' – a caterpillar-tracked bulldozer with a flail instead of a blade at the front – with the aim of mulching some of the heaps of 'lop and top' (though some will be retained for habitat) and partially clearing more of the holly thickets that choke the Common. As in previous phases of felling, the opportunity will be taken to create new glades and scalloped edges to paths and bridleways, but their precise locations have yet to be determined.

It's hoped that the end result will be a more open Common with much improved sight lines (previously blocked by holly) and a greater variety of wildflowers. The work of felling is part of a five-year programme drawn up by Wessex Woodland Management, which has been fully approved by Natural England and the Forestry Commission, and so will continue in future years, though it's expected to be at a reduced scale.

The felling will also remove any ash trees that could constitute a danger to walkers on footpaths when (as seems sadly inevitable) they contract the dieback disease that is ravaging our ash populations. There are not great numbers of ash trees on the Common, but similar work has recently been completed in Stocking Wood (the wood to the left of Stocking Lane

as it descends to North Dean) and has left some areas which were formerly dense ash plantations looking quite bare. The National Trust have also felled ash trees in the small area of the Common that belongs to the Bradenham Estate, which includes the Clumps.

The Common

There has been a great deal of amphibian activity in the last few weeks, with large numbers of frogs to be seen (and heard), particularly on Daisy and Willow Pond, though all the ponds have spawn to be found. The exception is Pickup's Pond (at the end of Downley Road), where the regular presence of 10-12 mallard must act as a deterrent to any amphibians, which would provide a tasty treat! It's to be hoped that they haven't chased away the Great Crested Newts that have been found in Pickup's in previous years.

Our programme of refurbishment of our noticeboards at the five entrances to the Common is making steady progress. The ones on Downley Road and Hunts Hill Lane have now been restored, and the remaining three will be similarly treated in their turn. Half the cost of this work is being covered by a grant from Buckinghamshire Council, for which we are very grateful.

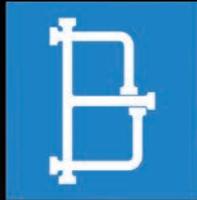
Activities

Our working parties are in full swing and take place on most Tuesday and Thursday mornings. Because they are dependent on the weather, it's best to check our web site for details (where our walking and other activities are also listed):

<http://www.naphillcommon.org.uk/activities.html>



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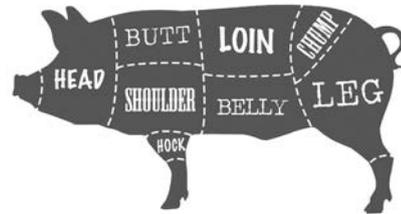
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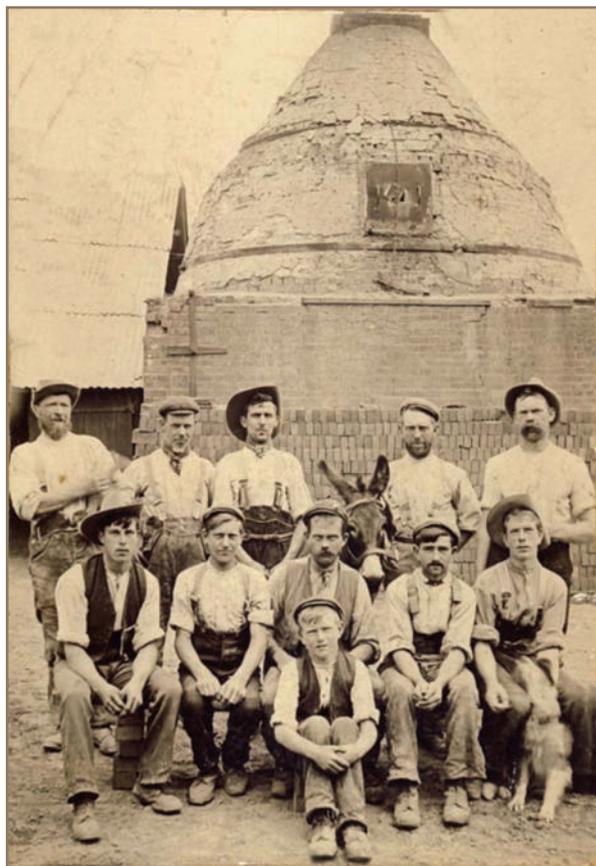
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Some Locals



This photograph was taken in Free & Moxham's brick yard in Walters Ash. The date is uncertain but probably around 1903. Some of the hats suggest a reference to the Boer war which ended in 1902. We know the names of several of those shown here but, unfortunately not all. If anyone can help, please do. The unknowns are marked as [?], but those we know are :-

Back Row: [?]; Bob Monger (foreman); [?];
Donkey; [?]; Charlie Brown.

Middle Row: Possibly Len Brown; [?]; [?];
JohnHussey; Will Hussey; Dog.

Front Row: Tom Hussey.

Free & Moxham's yard has long gone, so too has the kiln. All that remains are some clay pits, one of which became a deep pond, much enjoyed by us children using makeshift rafts. The names, Monger, Brown and Hussey remain in Naphill, Walters Ash and the villages around. We would welcome news about what happened to all of them.

The only man in the photo we know about is (our grandfather) John Hussey. He was born in about 1878, went to Naphill school and left aged 10 or 11. Around 1900 he married a local girl, Lily Chilton and they produced eight children. John eventually became a road foreman and in 1917, while leading

a party of men to a new working site, he was killed by the steam roller trundling along behind him. He was buried in the graveyard of the Mission Hall in Naphill. Shamefully, his grave is now under the foundations of 122/124 Main Road (Emma Grace House). Lily lived into her nineties.

Their eldest son Bert Hussey (our father), born 1903, had left Naphill School at 13 and had just got work as gardener's boy at Bradenham Manor – a job he enjoyed, partly because of all the servant girls. Sadly, he had suddenly become the chief wage earner for the family and so had to get a job in a Wycombe furniture factory. He once claimed to have shaped more cabriole legs than any other man alive.



Trevor and Philip Hussey.

The Village Historian

On a cold, wet February evening a post on a local social media group caught my attention. A plea to find a home for a unique history of the village, the life's work of one resident, Pam Smith who unfortunately due to her failing health, was no longer able to continue with the collection. Many residents were aware of this archive but until that post I was not.....and what a collection it has turned out to be! After meeting with Pam's lovely family and checking that we had the space, I have become custodian of this amazing collection including photographs and articles some of which date back over 120 years.

I have never had the pleasure to meet with Pam but have a sense of a woman dedicated to the village and compiling the history of it; someone who proudly took an active role in many village events and groups; who had many friends and most importantly a sense of humour (there is a fabulous picture of Pam dressed as Queen Victoria from a past village fete).

I feel privileged to have become the custodian of the collection, to safeguard it for the future and to ensure that it is available for the community.



Abbegail Sawney

Brownies

February 22nd is a special day for all those involved in Scouting & Guiding. It is World Thinking Day. This is when we think about being part of a worldwide organisation of 31 million Scouts and Guides. How amazing is that!

Girlguiding has 5 world centres in which members of Girlguiding can stay and do activities that reflect the different cultures of that part of the world. The centres are in India, Mexico, Switzerland, Africa and England.

For Thinking Day 2022, Naphill Brownies tried some activities from these parts of the world - a board game from India, a swiss yodelling song and Mexican eyes.



After the half term break, St David's Day at the beginning of March saw us making pretty wooden love-spoons, daffodil windmills and yummy welsh cakes.



More recently we have been making seed bombs, experimented with tin foil boats and done science with sweets.

We are now looking forward to the clocks going forward and the warmer weather so that we can get outside again.

Don't forget the Brownie Jumble Sale on Saturday 23rd April (Doors open at 1:30pm). I hope you have all been saving up your bags of jumble. Jumble sale day is such a sociable day, sorting and selling jumble. I have missed this. New volunteers are always most welcome, of course, so do get in touch if you could spare an hour or two.

If you know a girl aged 7-10 years old who would like to get involved in Brownies, do get in touch. You can either register interest via the Girlguiding website, see QR code below, or email me directly.

We look forward to hearing from you!



Brown Owl

Ruth Daly

ruth.daly3@btinternet.com

1st Naphill Brownies

Thursdays 5:45-7pm



**Naphill Brownie
Jumble Sale**

23rd April

Naphill Village Hall

1.30pm

We will be collecting items for the sale around the village on the morning of the sale, and we would also welcome any items you wish to bring to the Village Hall on the sale day.

No Electrical Goods Please!

News from Naphill & Hughenden Scouts, Cubs & Beavers



Last month I wrote about the census information which we submit on an annual basis to the national Scout Association. We have now heard an update from Buckinghamshire County Scouts which shows an incredible recovery when compared to last year's figures. We have nearly 800 more young people this year than we did last year across Bucks. If you relate this in percentage terms this equates to an increase of over 11%. Not surprisingly, Beavers are up by over 22%.

While on the topic of Bucks County, every year the Bucks County Commissioner awards individuals in the county for exceptional service to Scouting and I am delighted to say that here in Naphill and Hughenden Group we have received 3 awards.

Award For Merit - Awarded for outstanding service. It implies keen, conscientious, imaginative and dedicated service over a sustained period,

of at least 12 years duration (exceptionally 10). Awarded to Mark Powell – Chair at Naphill & Hughenden Scout Group – to recognise service as ASL at Naphill & Hughenden Scout Group.

Chief Scout's Commendation - Awarded in respect of not less than 5 years good service, which stands out. It should be regarded as the Chief Scout's recognition of the very real contribution made to the Scouts by the individual concerned. Awarded to Dujon Goncalves-Collins – Exec Member at Naphill & Hughenden Scout Group – to recognise service as ASL at Naphill & Hughenden Scout Group, and Martin Beddows – ACSL at Naphill & Hughenden Scout Group

Closer to home, all our sections have been out and about as much as the weather has allowed and all looking forward to Easter. Our Cubs took part in a 10k outdoor hike on Saturday 12 March at Wendover Woods. The conditions were exactly what Cubs like, muddy muddy muddy! Thank you to the willing volunteers who went along to keep an eye on the cubs and make sure they all got back safely, although with a few sore feet!

As ever, if you have any questions about Beavers, Cubs or Scouts, please reach out to Adrian Curtis, Group Scout Leader.

naphill@chilternvalescouts.org.uk





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Growing Your Own

Inflation is in the air. The global price of natural gas has multiplied by a factor of 10 in the past year, which is bad news for farmers relying on nitrogen fertiliser made from gas. Among the prices of other commodities, one that caught my eye was the global price of wheat which had gone up by 45% in 10 days. Could we grow wheat on our allotments or in our gardens? Yes, we could. The soil in Naphill and Walter's Ash is excellent for growing wheat and other cereals – many gardeners grow sweetcorn, which is a variety of maize.

But there would be a few practical difficulties. The patch of wheat would take up most of your garden or allotment, so there would be little space for other crops. There would be a need for a scythe at harvest time (you could perhaps borrow mine). You could dig out that old flail you found in your great-grandad's shed, for separating the ears of wheat from the stalks. Then you could winnow, which consists of throwing the ears of wheat in the air when there is a bit of wind about so that the ears fall onto a sheet and the chaff blows away. Then it is off to the local windmill to have your wheat ground to release the precious flour, to be carefully stored at home for your breadmaking. Whew! After reading all that you may be content to let farmers grow the wheat in massive fields where modern combine harvesters can do the harvesting far more efficiently.

When the Inclosure Commissioners were allocating unregistered common land in Naphill and Walter's Ash in August 1862, the value of a piece of land was

measured by the amount of wheat, barley and oats which could be grown on it. The Commissioners had to work out the soil's nutrient and humus content. I doubt if they used the method of the actor Yves Montand in the film "Jean de Florette" where he puts soil in his mouth and chews it for a while before declaring that it was good growing soil, but the Commissioners must have had some method. The Commissioners were re-allocating "common land" which was used by villagers to grow their fruit and vegetables and to graze their animals. The villagers were thus deprived of the use of "their" common land so, in compensation, the Commissioners awarded 2 acres in Naphill (field 55) and 2 acres in Walter's Ash (field 129) to the Churchwardens and Overseers of the Poor in trust as "Allotments for the Labouring Poor". The charity thus created has since been renamed "Hughenden Community Support Trust". Fields 55 and 129 were previously owned by Benjamin Disraeli (yes, him) and in compensation for his loss he was awarded Rent Charges of £2.50 per annum for the Naphill allotments and £2 per annum for the Walter's Ash allotments. Sadly for him there was no indexation of the Rent Charges. £2 in 1862 is now worth about 2 pence!

Good gardening!



Mike Mason



Naphill Football Club

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Gordon the Bird Man

A shocking recent report by the B.T.O in conjunction with two European conservation organisations estimates that Europe has lost 900 million birds over the last 30 years. This research has used data from the Breeding Bird Survey along with other databases from across Europe. This has allowed a reconstruction of past soundscapes at more than 200,000 locations over this period. Sadly, the results reveal that spring birdsong has deteriorated all over Europe. This reflects both a worrying decline in overall bird abundance in many areas but also in species richness.

As well as providing another way to illustrate changes in bird populations, this study highlights a phenomenon sometimes described as Environmental Generational Amnesia, where younger people who have never experienced great abundance in the natural world just do not know what has been lost.

During the Covid lockdowns, many people shared their appreciation of birdsong at a time when it was not drowned out by human activity and commented how it helped their health and wellbeing. This is all the more reason to monitor our avian friends and try to prevent further degradation from taking place.

Gordon

Shear Madness

I can't believe that I forgot to mention that it was the shop's birthday last month. 11 years, that's just crazy! I love the fact that friends have become customers and customers have become great friends over the years. I honestly wouldn't change anything. You, my lovely friends, are my hairy family ! Thank you for your continued love and support.

The daffodils and crocuses are out so things feel a little brighter in a dark world. Sometimes you do just have to turn the news off for the sake of your mental health. Things are still a bit muddy out there but a good walk seeing the delights of spring certainly lifts the spirits, or even better a good walk to the pub! Talking of pubs, I'd like to say happy 50th birthday to Julia from Team Wheel, she's going to kill me, ha ha!

Wishing you all a happy and safe Easter, enjoy your friends and family, until next month.

Love as always



Mandy x



Naphill Tennis Club

Our varied programme of coaching is under way this season and is open to members and non-members and those who haven't played before. We do hope more people from Naphill and Walters Ash will come and join us and take up the following offer.

FREE Tennis 'Taster' with a coach on Wednesday 27th April from 10 – 11 am. If you are interested, please contact me at jttench@gmail.com or **01494 565406**.

If you can't make this because of work or other commitments, please let me know as we are planning to hold an evening FREE 'Taster' if there is sufficient interest.

The Club already runs the following coaching sessions:

Adult Beginners on Monday mornings from 9 – 10 am

Adult Improvers on Mondays 10 – 11 am and Wednesdays 9 – 10 am

More are planned. Just let us know if you are interested and would like further details.

For the youngsters, we have:

Children's Easter Tennis Camps - afternoons of 12th, 13th, 19th, 20th April morning and afternoon of 22nd April (Further details and to book your child's place, please contact Head Coach, Mel Burn, on **07949 128195** or melebbles@hotmail.com)

During the Summer School Term, there will be the usual Junior Coaching on Friday evenings starting Friday 29th April and Under-7s Coaching on Saturday mornings starting 30th April. Again, please book your child's place with Mel.

SAVE-THE-DATE! - Friday 20th May – Community Quiz Night – run by the Tennis Club in Naphill Village Hall. We do hope everyone in the Club and in the village will join us. Further details to follow.

Jenny Tench



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Easter – Ukrainian Style

Unless you live on Mars you are probably aware that there is a fair bit of disruption going on in Ukraine at the moment. This Eastern European country that sits on the North shores of the Black Sea will almost certainly be taking a break from the normal Easter celebrations, the ones we take for granted. While our children are out on egg hunts and gorging themselves on chocolate bunnies, I thought it would be poignant to take a look at what a “traditional” Ukrainian Easter would look like.

The first difference is the date. Ukrainian Christians follow the Orthodox Church, which bases its religious observation on the Julian calendar. In the west Christian/Catholic observance is based on the Gregorian calendar. As such this means in 2022 our Easter Sunday is on April 17th, while in Ukraine it will be April 24th.

In Ukraine it’s customary not to sleep on the night before Easter, so as such the Saturday is deemed a day of rest in preparation for the all night service. Orthodox worshippers go to church that evening and take Easter Cake, eggs, meat, wine and horilka with them to start the celebrations after the service. Horilka is a “moonshine” style vodka, distilled from grain and flavoured with chili peppers so as to be spicy. This drink would be blessed with holy water by the priest.

The word for Easter in Ukrainian is Velykden which translates as “Great Day”. Like Christmas, it is a time for family gathering and a celebratory feast. The meal begins with Easter Cake. This is made from a heavy dough typically containing dried fruits and nuts, and topped with icing and glazed candy. The main course would be boiled chicken or pork served with potatoes, carrots, peas, onions, hard boiled eggs, pickles and mayo.

As in the west, eggs are a large part of Easter celebrations. There are pysanka. These are eggs decorated with ornamentation and folk patterns that have special meanings. Red symbolises the sun. Yellow stands for wealth and fertility. Green is the symbol of Spring and plant life. Krashenka are eggs that have been dyed red using food colouring. They symbolise the blood of Jesus, shed for the sins of the people. After the meal children play bytky or “egg tapping”. It’s a bit like conkers. The object of the



game is to smash your hard boiled egg (shell still on) into your opponents egg, breaking their shell while keeping your shell intact. The winner being the last player with an undamaged shell.

Enjoy your Easter. Eat too much chocolate. Hunt for eggs with your kids in your garden. Celebrate over food with your family. But remember the line in the 1985 Sting song “Russians”

“We share the same biology. Regardless of ideology. Believe me when I say to you.... I hope the Russians love their children too....”



www.unicef.org.uk

www.redcross.org.uk



www.oxfam.org.uk



Mike Beckley
Chiltern Hills Arboriculture



Ukrainian fundraising – beware scammers at work

The Covid19 pandemic had such a huge impact on our lives as we were reminded of the fragility of our existence. Our willingness to come together and support each other was incredible. In recent weeks many people have been reflecting on how things were two years ago as the world began its continuing journey to protect us all from the virus and its subsequent variants. Whilst cases are again rising, we can be much more confident that the impact will be nowhere near as devastating as it was in the early days of the pandemic. We do need to remain vigilant and continue to look out for one another.

The sense of community and determination has been taken to another level many miles from us and yet we feel its impact very keenly. That place is, of course, Ukraine. Such personal resilience being shown by Ukrainians is awe-inspiring. The devastation being wrought truly beggars belief. How can this be possible when the invaders share so much in common with the people of Ukraine?

Hughenden Street Association exists to promote community and urges everyone to do whatever they can for the people of Ukraine. It is likely that some refugees will come and live in the parish, and we know that they will be given a warm welcome. Regardless of the Government’s response to the crisis it is ordinary UK citizens that will show our country at its best. There are many ways to support the people of Ukraine with the most recent being to offer accommodation for at least six months. For many people this may not be possible and giving donations is a good alternative. As always do be mindful of the fact that scammers are using this humanitarian crisis to steal your money. The councils in Devon have set up a comprehensive response to the impact of this invasion which includes advice on giving money.

Do take a few moments to following Government advice they are sharing – <https://bit.ly/3w4Ecd>



You can see the full Devon response here: <https://www.devon.gov.uk/ukraine/>



We take our freedom for granted and the crisis in Ukraine should jolt us more than a little. Now is the time to think of others even though we will probably never meet them either virtually or in person. No one can not feel a huge sadness about the situation and if everyone does ‘something’ then the impact will be phenomenal.

Like many organisations Hughenden Street Association stands with the people of Ukraine and will continue to share information on how to support this amazing country as it stands up to a despot.

Hilda Stearn

Hughenden Street Association
email: hughendensa@gmail.com





Photograph courtesy Jonathan Hilder



From the Vicarage

I wonder do you ever feel that there is so much darkness in the world, that it might overcome good? As we watch the images broadcast across our screens from Ukraine, with a collective horror and helplessness in equal measure, it can feel as if evil is the dominant force in the world.

However, the situation is not without hope. Like many others who have been moved to compassion by the plight of the Ukrainian people, we can respond in many positive ways. The Disaster Emergency Committee have set up a Ukrainian appeal, which together with other approved charities, I commend to you to consider supporting.

Meanwhile, others are giving aid in practical ways to nations such as Poland, who are welcoming thousands of desperate refugees across their borders with open arms, whilst others have bought and delivered an ambulance, delivered a truck load of aid, or booked and paid for an Airbnb stay in the Ukraine, as a way of donating to families in great peril.

The Apostle Paul, writing to the Church in Rome, urges them to be sincere in their love for one another, to hate what is evil and to cling to what is good. He goes on "Do not be overcome by evil, but overcome evil with good. (Romans 12:21).

As you read these words we are in the season of Lent, of preparation for Holy Week, culminating in the horror of Good Friday, the uncertainty of Easter Saturday and the joyous celebration of Easter Day, when all Christians respond with one voice to the phrase "Christ is risen" with the words "He is risen indeed, hallelujah!"

The bible tells us that God loves the world so much, that he sent his one and only Son into the morning, to save us from the power of sin and death, and it is through faith in the death and resurrection of Jesus Christ that we are saved, we are forgiven, and we are given a fresh start and a clean slate.

As a Christian my greatest hope is found in Jesus Christ. All those who follow in his footsteps, endeavour to live our lives in a manner which is a force for good, and a blessing to others. What contribution can I make for good?

If you live in our Parish, you should soon be in receipt of an invitation to our Holy Week and Easter Services through your letterbox. Please do join us as we recall the last few days of Christ's life on earth, before his death on a cross, and his glorious resurrection on the 3rd day!

Happy Easter and God bless you.

Rev Keith Johnson

News from St Michael's Mothers' Union

At our meeting on 1st March, St David's Day, Rev Mike Hill was our speaker on 'Nature'. He gave us an interesting and entertaining talk, beginning with a greeting in Welsh. Although he himself is a native of Derby, Mike is 'Welsh by marriage' and has spent many hours in that country, enjoying its varied wildlife and attending college in Bangor where he met Gwen, his future wife. As befitted the date, Mike linked many of his nature anecdotes to items with a specific link to Wales: leeks, daffodils and dragons (or rather, pterodactyls).

On April 5th Alan Jaycock will be giving an illustrated talk to us about 'Bricks and the Art of Brickwork'. This is in Church House at 2pm and as always, we welcome anyone who wishes to join us.

Norma Clarke



More Church News

Last month I wrote about how things in the Church are getting 'nearly back to normal'. This month is an opportunity to look back on the last year, consequent upon the Annual Vestry Meeting and Annual Parochial Church Meeting, both held on the 13th March. These meetings together effectively form the AGM of the Church, with regulatory requirements for election of certain officers, reports from different groups and committees and financial statements of accounts.

In particular, this allows for a reflection on the past year (or specifically the year to December 2021). However, we were also brought up to date with our financial situation, and decisions about the donations the Church makes to mission causes, including a substantial donation to the Disasters Emergency Committee for its work in Ukraine.

For much of the 2021, public services in Church were suspended, but we were able to deliver live-streamed services quite early in the year, replacing some recorded services which we introduced at the beginning of Covid. Initially these were broadcast without a congregation, but as regulations and advice changed, the congregation has been able to return. When we were unable to meet in Church, 'communal coffee' took place after services on Zoom. A Zoom service was trialed on Sunday evenings, and later, after the relaxation of regulations, a new Tuesday service of Holy Communion was begun, followed occasionally by a soup lunch.

Outside of formal services, the social activities were able to resume with members of the congregation hosting 2 parish barbeques (both with swimming opportunities). The Church held a Nature Quest in the Churchyard, a Bank holiday weekend flower festival, a bat walk around the park (followed by hot dogs, for the now hungry walkers) a Harvest celebration (also with hot dogs) and the presentation of a one-man play by Jeff Rosla about Disraeli. Not least of the activities in which the whole community could be involved is the Hughenden Community Singers which meets regularly in the Church on Monday evenings.

Being reminded of what has been achieved this year, as well as the reinstatement of most of our regular activities alongside the huge effort in obtaining funds and coordinating the rebuilding of the church tower, was quite heartening after the difficult two years of the pandemic.

Shortly, an invitation to our Easter programme of services will be dropping through your letter boxes. For any further details of these or other events at St Michael's (or to view live streamed services) information can be found on our website:

www.hughendenparishchurch.org.uk

Jane Tyrer



Naphill & Walter's Ash Residents Association

A Date for your Diaries.

Massive May Clean-up and Litter Pick on 21st/22nd May in time for Queen Elizabeth's Platinum Jubilee celebrations between 2nd and 5th June. Bucks Council are going to provide us with plenty of black bags and some litter-pick sticks, but not enough to cover litter-pick throughout Naphill and Walter's Ash, so we will have to get hold of some of our own sticks. However, plenty of picking up can be done with a heavy duty pair of gloves. If you would like to join the Massive May Clean up, or organise a group to do the work in your area, please phone Gloria on 01494 563634 or email glorialeflaive@msn.com and we will add your name to the list for the clean-up equipment and send you Bucks Council's information on "Clean-Up Preparation and Safety Advice", a particularly important read if your group includes children. Do join the team in May to get Naphill and Walter's Ash looking sparkling for this special royal occasion.

Dodging the Bins.

If you've had a problem dodging the bins after bin collections have taken place, particularly on narrow pavements, think what a problem this must be for people in wheelchairs or pushing buggies. Having received reports that some wheelchair users and mother's pushing buggies have had to move into the roadway to get round empty bins left in the middle of pavements. We contacted Bucks Waste and Recycling Dept who appreciated that some crews might be careless in returning emptied bins and said the crews would be made aware of the problems.

Ukraine Appeal - NAWARA is making a donation to the DEC Ukraine Humanitarian Appeal.



John Russell (Chairman NAWARA)





Easter Monday: Beat the Boundary – A country walk and picnic

Join us for a country walk round our beautiful Hughenden Parish on Easter Monday, 18 April. And a picnic!

Parish boundary walks have a long history (“beating the bounds”). On a glorious sunny Spring day, what could be better than an outing for all the family?! We are blessed with many footpaths in the Chilterns, as we have no-doubt discovered in these past two years, even if we didn’t know them before. The Hughenden Parish boundary is mostly on or near these footpaths, with just a few pavements and lanes.

Few of us would be sure exactly what places are inside, and what are outside our Parish. The boundary skirts along edges of Wycombe and Downley, includes Naphill and Walters Ash, skirts Speen, runs through Bryants Bottom, includes parts of Great Kingshill and Widmer End, and of course includes North Dean and Cryers Hill with Hughenden Valley in the middle. Our church is the focus of the Parish but situated near the southern end.

This event will include a self-directed circular walk around some of the Parish boundary. A little or a lot, the choice is yours. We will all convene for a relaxed picnic at Great Kingshill. The finale of the walk will be at our church, around 3pm.

The full boundary route is not for the faint-hearted; it’s about 13 miles and more than 400 metres of ups and downs! But between us we can each do a little or a lot, and the whole boundary will be walked in one day: a communal effort.

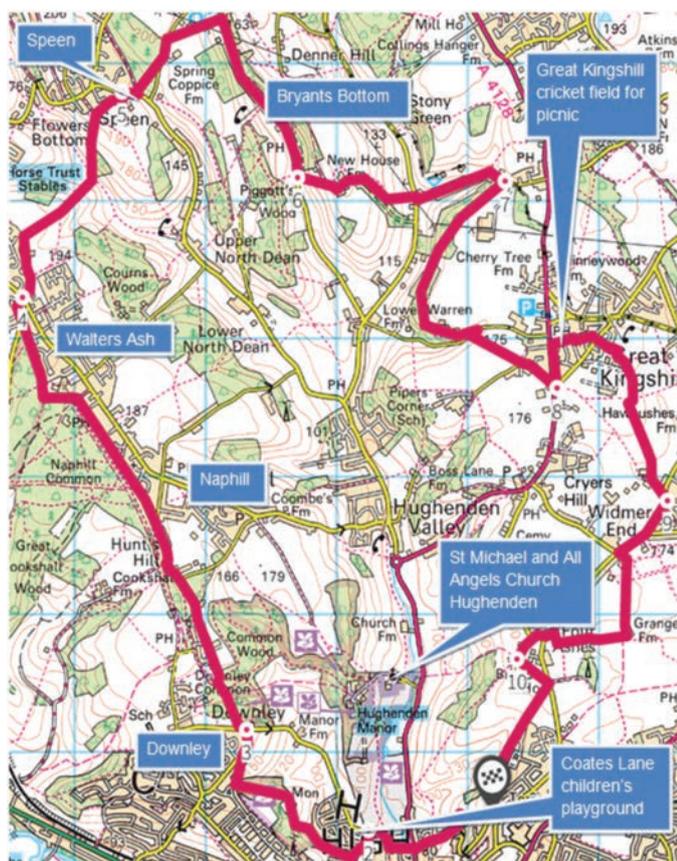
Short, medium and long route options will be provided. The medium and long routes will take you from church around parts of the boundary to the picnic spot, and after lunch walk back down to church. Alternatively, shorter routes can be taken from the picnic spot. You could even take the easiest option of a 20yard walk to the picnic spot, or a short wheelchair or buggy ride.

For this event, we unite the various villages and outposts of our parish, and take time to pray as we walk: for those who live within the parish (on our one side) and for the rest of the world (on our other side). At the end of the walk, we’ll spend maybe ten minutes to rededicate ourselves, our community and our church, to the Lord whose life, death and resurrection we have just celebrated at Easter.

The lunchtime picnic will be at Great Kingshill Common (by the cricket pitch). The starting time will depend on which route you choose and how slowly you think you’ll walk! Maybe 9am for the longer route.

As well as prayers, there will surely be fun and games at the picnic, conversations along the way, “treasure” to be hunted, new paths to explore, and a new vision of our Parish.

The event is free of charge, but we would like you to register beforehand by email: boundary@hughendenparishchurch.org.uk so we have some idea how many to expect and to send you directions. The routes will be made available as GPX files to upload to your preferred mobile mapping app, or as a PDF to print your own map. If that’s too tricky, we’ll print you a map! Details will also be on the church website. www.hughendenparishchurch.org.uk



The Planned Routes:

Long Route: from church to Coates Lane, then clockwise via Downley, Walters Ash, Speen, Bryants Bottom to Great Kingshill picnic.

Medium Route: from church to Coates Lane, then anticlockwise Green Hill, Four Ashes, Widmer End to Great Kingshill picnic.

Short Routes will be around Great Kingshill.

After lunch all routes via Pipers Corner, and Hughenden Valley to church.

Afterthought:- The routes outlined on the map are NOT the exact official parish boundary, but are as close as we could find suitable footpaths.

Any queries please email us as above.



Andrew Collard and Mike Hill

News from The Wheel

March has been a month of ups and downs as the weather has been so unpredictable. The Six Nations Rugby has definitely been fun with lots of you enjoying the games inside and outside for those that braved the weather. As I write this it feels a little more spring like and the sun is shining, and it makes us all feel a little brighter in ourselves too.

At the beginning of March, we finally got to have our staff Christmas party (yes Christmas)! It has been so long as we couldn't do 2020 or 2021 due to restrictions and covid. The staff Christmas tip boxes on the bar in December all go to them having a night out, thank you to all our customers who put money in them. This year we went bowling and had quite a few drinks, it was a great night even with Chef dressed as Ginger Spice! Everyone is put into teams of two and Chaz and Julia / Mark and Emily jointly won the games, but the prize at the end went to Izzy and Chef for how badly they played and more importantly for Izzy having to look after Chef (Izzy Carer)!

By the time you all read this Mother's Day will have been and gone I hope you spoiled them rotten, thank you to Karen Elliot for the plants we give to all the Mums. Thankfully the clocks will have also changed, so the lighter evenings are here. Julia would also like to thank everyone who joined her for her 50th Birthday celebrations and to Sean who did a great disco as always. It was a brilliant evening with lots of dancing and drinking.

So, what's coming up next?

- We have a few big functions in April, so please book to check availability.
- Easter weekend is 15th – 18th April
- Ron Fest – Sat 7th May – Memorial and charity day for Ron Williams
- Jubilee Weekend 2nd – 5th June
- Napfest 11th and 12th June – Fete Day and Classics on the Crick

Ron Fest - as many of you know is a Memorial Day for Ron Williams who died in 2021. Now that we are able to celebrate his life, we are going all out with the following;

- The day will start from 3pm and we have a marquee in case the weather doesn't play!
- There will be a Real Ale tent
- Ice Cream Van
- Two Bands playing – Bad Neighbours and These Certain People (TCP)
- A Raffle raising money for Cancer Charities – If anyone has any prizes for this, we would be grateful

So, we should keep you all entertained over the next few months. Mark and I would like to thank everyone for their continued support and to all the staff for their hard work. We would also like to welcome Alfie Campbell, Alisdair Macdonald, Rhi Macdonald and Rosie Ayres to The Wheel family.

See you all soon.



Claire and Mark



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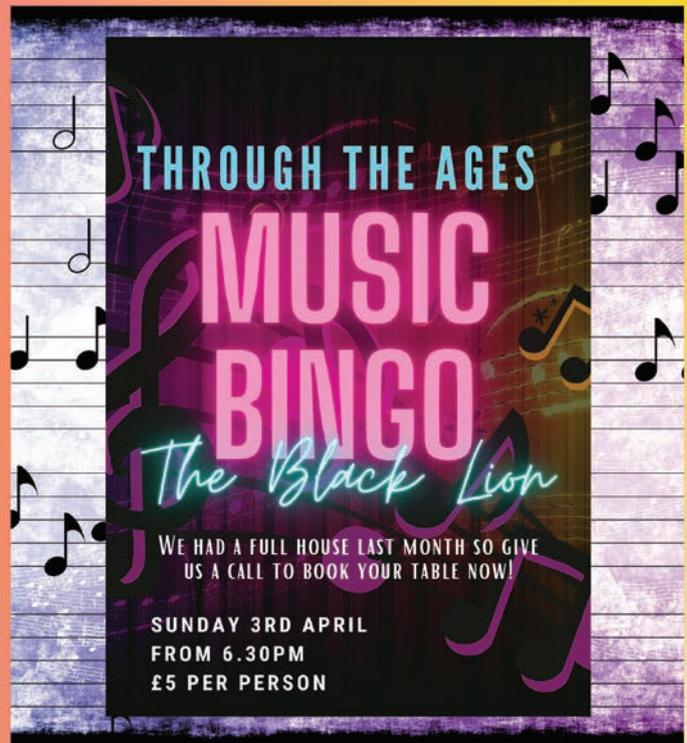
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The Black Lion

Welcome to Spring from all of us here at The Black Lion!

Hopefully by the time you read this we're on track for those lovely light and warm evenings which seem like such a distant memory. We can't wait to relax in the beer garden, with our drink of choice in hand (You can't beat an ice cold G&T in the sunshine in my opinion!) and we hope you'll come along and join us.

With the late evenings rolling in, we've got some excellent event ideas which we are working on and hope to be able to share with you soon. But in the meantime, here's just some of the great things we've got going on now...

Music Bingo!

Why not head down and join us for Music Bingo on Sunday 3rd April from 6.30pm. This is our second time holding this event. Last month's first Music Bingo was an excellent night full of fun, laughter, dancing and LOTS of singing along to some classic 80's music. April's event will be 'Music through the ages' so brush up on your music knowledge and head down to join us. We had a full house (if you'll please pardon the pun) last month so we recommend booking to avoid disappointment!

The Black Lion Easter Sunday Egg Hunt

Now this is one we are hugely excited about!! Our very own Easter Bunny will be heading out around Naphill and Walter's Ash hiding Eggs with Special treats and prizes inside! The Eggs will be available to find on Easter Sunday so why not book in for a delicious Sunday Roast then walk your meal off and find yourself some special treats on us?

We've got loads more in the pipeline, so why not like our Facebook or Instagram page @theblacklionnaphill or head to our website at www.theblacklionnaphill.co.uk to be kept informed of upcoming events.

We now have a bookings page on our website, so it's never been easier to book a table. All you do is visit www.theblacklionnaphill.co.uk/book-a-table, enter your booking information and we'll be in touch to confirm your booking. Alternatively, if you prefer just to give us a call then please do on 01494 506065.

Thank you for taking the time to read this and we welcome you to visit us soon!



*Tanya, Jon and all
the Team at the Black Lion*



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Events, visits and much more

Remember your first visit is free. Once you have joined (£20 for the period March 2022 until August 2022), you can attend as many different Group meetings as you like during your year of membership. We've over thirty Groups meeting monthly and additional monthly speakers.

March and April have been busy. A visit by the Computer Group to The Computer Museum, Bletchley Park, a guest speaker to our Antiques and Collectibles Group, listening to the great music of Verdi, conversing with friends in French and German, were just a few of the activities you may have missed out on in March. Don't delay, make sure you join us in April or May to take part in, or listen to, many more enjoyable things happening in our area.

Our Science Group took us into the world of robots cooking bread, building houses, understanding (well some of us did) the world of xenobots as well as seeing how students 'danced' their way to their PhD. Whatever next? Of course, you may prefer something less taxing, so why not join our walking groups, play Ten Pin Bowling, even join the Photography Group to help record the fun our members have at all our meetings! And yes, we have a regular quiz afternoon with prizes.

Want to find out more about your family history? Try our genealogy group. Understand why it's important to keep on learning, how singing for fun and playing the ukelele helps you make friends or drive them mad! For others it's the 'pudding club' or enjoying pub lunches, even relaxing making quilts or wood carving. And with all the spring and summer flowers around, why not join our flower arranging group? And yes, it will soon be time for croquet!

Plus, we hope to launch in May our Facebook page to help us all keep in contact with each other and other community organisations. This should prove an easier way to find out exactly what is on offer and where and when. It will also give important updates on our planned activities to celebrate 40 years of the u3a, an international organisation, primarily for those not working full-time. Until we go live with Facebook, our web can be accessed via the QR code at the bottom of the page. If you're wondering if you can or even should access Facebook or the web, we will be offering information and training sessions to help you decide.

Perhaps the highlight for many was the Monthly Talk for all members given by John Wilford on his life in the music industry. We were even reminded (or some of us at least) of what we 'got up to' as teenagers at music events. We tapped our feet to the music from many of the groups that John had worked with during his career of over 40 years in the music business. In March had a talk on Sanctuary Housing for refugees and migrants. What could be more relevant for these times? Plus on April 27th, we will hear from Terry Penny on "The Life and Career of Stanley Holloway".

Email gilliamph@aol.com for an invitation to this event if you are not yet a member of our u3a.

Do not miss these and other opportunities to meet, chat and make new friends. Plus, as a member you will have access to extra topics offered by other organisations including the continuing and popular series of talks members offered through the u3a's 'Thames Valley Network'.

We look forward to meeting you and sharing the knowledge and experience of our Group Convenors and Members.

Please contact our Membership Secretary for more information: hwu3a.membership@gmail.com



Please try accessing our web page using our QR code above or use link below:

[High Wycombe & District U3A: Everyone is Welcome \(u3asites.org.uk\)](http://u3asites.org.uk)

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Story Writing & Planting



It has been a while since we had a moment to sit and reflect on what the children have been learning and experiencing. They have most certainly been BUSY!

During the half term, we had a new work area built in to our garden. The area is designed for the children to have space to create, be that a brick wall, a pot or a spot of gardening. With Spring in the air, our butterfly children have been busy planting seeds and bulbs. They have created wildflower paper bombs to plant at home and learnt the different ways our plants and flowers start their lifecycle.

For World Book day our aspiring Authors put their heads together and came up with a fabulous story. As the team and I sat back and watched as they navigated the plot and the structure of the story, we could identify the traditional tales and experiences that permeated their own story. It is so important that children are read to daily, and it does wonders for their vocabulary. I wonder if you can spot flashes of The Gruffalo, Jack and the beanstalk and The 3 Little pigs?

Their story went like this:

Once Upon a time in the land of Toddle In

*Once upon a time there was a unicorn and a big
black beast and the beast only has one eye.*

Then the unicorn climbed up a big beanstalk.

*The unicorn falled off and he bumped his head on the
ground.*

The beast put a plaster on the unicorn's head.

*The giant fell in the crocodile swamp and the
crocodile ate the giant up.*

The numbers go to 100.

I think the numbers are eating the paper in the story.

*Then the Unicorn put some magic in the air and
makes us sparkle.*

*And then they all got married and gave a big hug.
Then a big blue elf that was very naughty came and
gobbled everyone up.*

The End.

Written by a team of authors in the Butterfly room



We will usually have a rolling, café style snack for the children to drop in to join at a point that suits them. Whilst this is a great way to support a child's sustained thinking, it is also lovely for us all to get together and share a 2-way conversation as a group. We did this for Valentine's day. We spoke about love, how we feel and how we show it. One little girl said 'I love my friends' whilst another said 'I love my dog'. We then read the Colour Monster which helps to untangle feelings in a child-friendly way.

We are still offering socially distanced tours, and now we have a short video of our Nursery on our website www.toddleingroup.co.uk/Naphill for families to take a look at. If you would like to book a visit please call Kim on 01494957196 or email enquiries@toddleingroup.co.uk.



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From Bradenham Vicarage - Resurrections

This time last year we had just reflected on the first anniversary of the Covid pandemic. A year on, can it finally be that we are actually 'out of the woods'? Having endured two 'lockdown Easters', my plans for this Easter are starting to morph into a mega family celebration that will involve chocolate, Easter egg hunts, more chocolate, an inflatable hot tub, even more chocolate, cocktails and at least two of us having to sleep on the sofas, closely followed by copious quantities of black coffee and AlkaSeltzer! For us, this will be the Easter of all Easters, making up for two years of muted celebrations.

But what are we celebrating? This year we are surely celebrating a return to normality, and that indeed was the hope of the first ever celebration of Easter. Jesus, a popular but radical preacher and healer from a region called Galilee was arrested then put to death on trumped up charges. His followers were left desolate. Their leader had promised so much with his exciting talk of new beginnings, a radical new way of relating to God and his vision of a world where justice, freedom and peace were a given. Jesus had given them a hope that things could be different, that things could change. They had even come to believe that he was the Son of God come to earth. The terrible events that had ended his life put paid to those hopes and especially the notion that Jesus was actually divine. Dejectedly, they returned to their old, humdrum way of life. But three days later Jesus was raised back to life by the power of God, actual living proof that he really was the Son of God. Jesus was alive! Now his followers could return to

the former life they had enjoyed with their leader – the good times were back!

But things weren't the same; they certainly didn't pan out how Jesus' followers had expected. With Jesus' resurrection, things had changed. Now they had to put into practice what they had learned from him and teach those lessons to others.

This Easter, as we have done for nearly 2000 Easters, we will remember The Resurrection as a single, world changing event, which indeed it was. Yet there are other resurrections too. We are currently witnessing the rebuilding of our lives from the devastation of the pandemic. The good times are returning, but things have changed. We have learned lessons about how we treat the world God has entrusted us with and how we treat each other. We have learned lessons about what is truly important and other lessons about what is actually needful. We have learned how fragile our dependency on the world actually is. Now we have to put into practice those lessons.

Jesus Resurrection enabled the power of God to be released in a new way throughout the world as his followers lived out what they had learned. As we live out what we have learned, may our 'resurrection' from the pandemic enable the growth of a fairer, more just society that lives in harmony with each other, our planet and God.

May you know the true meaning of Resurrection this Easter.

Rev Jenny Ellis

From RAF High Wycombe

Our world is in a state of constant change, the seasonal changes, situations around the Earth; and now there seems to me, more of a sense of tension in our communities that I have seen during my life in response to the situation in Ukraine.

We all know that change is inevitable, whether it be something small or something significant in our lives. A storm like that which we experienced in February has changed some people's gardens, as trees have fallen, and fence panels have come loose. Yet, I am reminded of the words from The Bible where it says:

Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

Matthew 6:26-27

Whether you are a person of faith or not, there is a sense that creation all around us continues regardless of the changes that we as humans do to the world. We of course should care for creation and our brothers and sisters who inhabit it. Yet, worrying for the world will not help anyone, but caring for the world and being part of the answer offers a way to lay worries aside and make the small differences that make our world a better place.

I hope and pray you have a good Easter,

Every Blessing



Padre Andi,
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With Spring in the air at Lindengate, new life is appearing across our 6 acre gardens on a daily basis. Our team, volunteers and programme participants have been busy weeding & planting across the whole site, in preparation for the Summer months.

While Lindengate is perhaps best known for its wellbeing services locally and regionally, our community-fuelled conservation programmes have national reach, supporting the reintroduction of endangered native species into biodiverse landscapes nationwide. In the 7 years since opening, the gardens have been nurtured and transformed into what is now a habitat rich biodiverse environment showcasing

many of our native species. It is self-sustaining, providing educational opportunities and sufficient stock for us to propagate to the benefit of the wider community. Our team of staff and expert volunteers can offer advice to those looking to rewild their spaces.

Most notable, is that Lindengate is home to the largest clone bank of Black Poplar trees in the UK and is renowned as the leading expert. We were recently honoured by a request from the Greater London Lieutenancy to supply a Black Poplar and attend its ceremonial planting in Regent's Park in honour of the Queen's Platinum Jubilee.

Since opening, we have worked on significant projects with the Butterfly Conservation, Wildlife Trusts & RSPB growing Devils Bit Scabious, the sole food source of the Marsh Fritillary Butterfly, earning us extensive media coverage, but also recognition through our achievement of multiple National and Regional Awards for conservation initiatives.

For more information on our programmes, events, volunteer opportunities & opening times, go to:

www.lindengate.org.uk



Princes Risborough Rotary Club - www.rotary-ribi.org/clubs/homepage.php?ClubID=561

The Rotary Club of Princes Risborough continues to do much to aid the local community, supporting the town in many ways: providing a helping hand at The Princes Centre, the Hughenden and Princes Risborough Covid Vaccination Clinics, the Hughenden Shop, the Naphill Fireworks and providing funds for local charities (over £35,000 during the past 12 months).

But Rotary is not just about helping the local community. We also raise funds for international causes and our wider Rotary International Community. We are providing humanitarian aid to Ukraine for example. The Club also raises funds by supporting Children in Need, helping at Kop Hill Climb and Farmers Markets etc. However, sometimes, as in the case of fellow Rotarian Nick Kavanagh, we do crazy things for Charity, like doing a Parachute Jump. Nick is a new Rotarian, and with his uncle Graeme being a member of the Princes Risborough

Club he jumped at the chance (pun intended) to help the Club. This will be his second Jump, his first was when the RAF celebrated its 100th anniversary of Tandem Jumps in 2018. Nick will have a way to go to catch up with his grandfather Flt Sgt Alf Card though, who did over 1,000 descents between 1940 to 1961.

If you would like to donate to Nick's charity jump, go to his webpage:

<https://www.justgiving.com/fundraising/NickTandem4Rotary>



If you want to learn more about Rotary, you can contact us here: rcpr.org.uk



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Spending hours a day at a desk? Try these 5 stretches to improve your posture, movement and well-being! Exercise advice to help from Camomile Personal Training

Exercise 1 – Deep core engagement

- With this one, you are aiming to create a strong cylinder of support from your diaphragm to your pelvic floor, activating all the deep core muscles around your middle.
- Sit upright with shoulders back and down, take a deep breath into the belly, and then with the hands around your waist. Engage the pelvic floor and imagine you are tightening a corset around your middle. Practice until you can feel the muscles all around the middle engaging. Breathe out really slowly, whilst keeping the engagement then release.
- **WHEN: Practice whenever you feel yourself slouching and after you sit down. Aim to maintain a good upright sitting position at all times.**

Exercise 2 – Neck rolls and mobility

- Sit or stand upright, with the shoulders back and gaze straight ahead – Look to the right as far as you can without forcing, and notice how far round you can turn the neck. Find a point of reference at the furthest point. Repeat for the left-hand side. Notice any differences.
- Now reach one arm up into the air and the other down towards your side (if standing, also point the toe of this side behind you whilst it rests on the floor, and create as much length from toe to the up arm as you can) keep the shoulders down. Take 2-3 nice deep breaths in this position and repeat on the other side.
- Repeat the first step and notice any improvements in your comfortable range of neck rotation.
- **WHEN: Aim to do this at the start of the day and at lunch time.**

Exercise 3 – Shoulder shrugs – Repeat 5 times each time you finish a meeting

- Whilst sitting or standing, engage your cylinder of core muscles lightly, and breathe in whilst you shrug your shoulders up towards the ears, then breathe out allowing them to drop away from the ears and back to neutral.
- **WHEN: After you finish each meeting or work task.**



Exercise 4 – Engaging the correct muscles to stand up – Repeat every time you stand up

- Sit towards the front of the seat, create right angles with knees place feet hip width apart.
- Sit upright, lean forwards slightly push through the heels and squeeze the bottom muscles to come up to standing, inhale before you move, and breathe out as you stand.
- Remember to do this every time you stand up from a chair.
- **WHEN: Every time you stand up throughout the day. For an extra challenge – Repeat 3-5 times in a row morning and afternoon.**

Exercise 5 – Chest opener

- Each time you stand up, place your palms on each side of your back, just above the hips, from here, pull your elbows back and open up the chest into a slight back bend, and drop the head back as far as is comfortable for the neck. Hold here for 2-3 breaths repeat if you feel you need to.
- **WHEN: Every hour – make sure to stand and do this.**

I'd love to hear how you find these!

Hilary Spain 07909 833566

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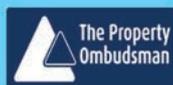
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Despite “the elements” doing their best to prevent our meetings taking place in Hughenden Hall we are holding our meetings using Zoom.

APRIL 2022

Wednesday 6th April

Member’s Evening – An opportunity for six members to share their work with us, more information to follow.

Wednesday 13th April

Covent Garden, London

Special Meeting, Private Viewing for Documentary Photographer of the Year at the new Fuji Centre London 17:30-19:00.

Join us for an afternoon in Covent Garden, London before joining the exhibition, more details to follow.

Wednesday 20th April

Themed Assignment – “Weekends” plus general work

Wednesday 27th April

An “Introduction to Lightroom” by Roger Crocombe

MAY 2022

Wednesday 4th May tba

Wednesday 18th May

Themed Assignment – “Hidden Wycombe” Open Discussion

Wednesday 25th May

Talk by Dave Mason – “Life” a master class in street photography. Dave has a unique way to show us another side of life made possible by the “Decisive Moment”

This talk will be a Zoom Meeting to which you are all invited.

To see everything that is happening in the NEW Wycombe Photographic Society please go to

www.wycombephotographicsociety.org.uk



David Greenwood
Membership Secretary
Wycombe Photographic Society



Valley Players



Here at “Valley Players we were delighted to play to sell out audiences for The Wizard of Oz in December. We know that the village Panto gets everyone buzzing before Christmas. You enjoyed it , and so did we , but how does it get to the stage? Planning! Plus a little bit of good luck and magic.

Around June script selection starts. This will involve trawling through the many play publishers to find titles which appeal, which will fit on our stage , which has a good story which gives entertainment potential but most importantly which we have the cast to put on!

Then a short list will be read and a decision made. But first who wants to direct the Panto? The “ boss” will have to organise and delegate a myriad of tasks, costumes, props, music, front of house, publicity etc. The person responsible will probably also be performing.

The Players will be invited to an informal reading of the chosen title and after this casting will occur and rehearsals scheduled from September giving us approximately 12 weeks until curtain up

As we are all amateur (the word means “ for the love of it”) there are many times when a full cast is not available for rehearsal which means someone reading in. However the real task is to learn your lines as true acting can’t happen with your script in your hand.

Costumes need to be bright and cheerful as Panto is lighthearted and very visual. This year we hired costumes for, Dorothy, Lion, Scarecrow, Tin man and Palace guard, from a specialist in Banbury where there is an Aladdins cave of costumes for many different shows! The others are made or bought (to be used again). Scenery and props have to be made and painted. Don’t forget all the technical planning for lights, sound and special effects.

Having live music adds another dimension to rehearsals and the show, especially as many of us have no musical background other than singing in the shower!

So does having youngsters acting with us, as we have to licence their presence with Buckinghamshire council and they have to be chaperoned by a registered chaperone.

As the weeks count down we move from a weekly rehearsal to twice, three and the week before every night

Then after much sweat and tears (?) performance week arrives and the nerves jangle for the dress rehearsal. There is a common thought in the theatre, “ bad dress, great first night” it doesn’t always go like that.

Finally we are there, in the spotlights, with an audience roaring us on and joining in. Oh yes they are! Then, after all the hard work and the “ buzz”, the final curtain. All over.....until next year”

Andrew Pitman Valley Players

Visit Lacey Green Windmill



The Lacey Green Windmill Restoration Committee were very pleased with the success of the open days held during the summer of 2021 and this season we are reverting to our 'normal' opening hours.

The opening dates and hours for 2022 are as follows:

Sundays: from 3 April until 25 September

14.00 - 17.00 hours

Bank Holidays: opening times 14.00 - 17.00 hours

Monday 18 April

Monday 2 May

Thursday 2 June

Monday 29 August

National Mills weekend:

Saturday 7 May - 14 - 17.00 hours

Sunday 8 May - 11.00 - 17.00 hours

We ask for "Donations to Visit" with suggested minimum of Adult £3.00 and Child (5 to 15) £1.50.

COVID precautions will be followed throughout the opening season (as per National Guidance).

If you know of anyone who would be interested in helping in any way with the windmill we would be delighted to hear from you/them. We have many opportunities for working with the Committee and the volunteers. Please encourage friends and family to visit, it is a very interesting building and we are so lucky to have the windmill on our doorstep.

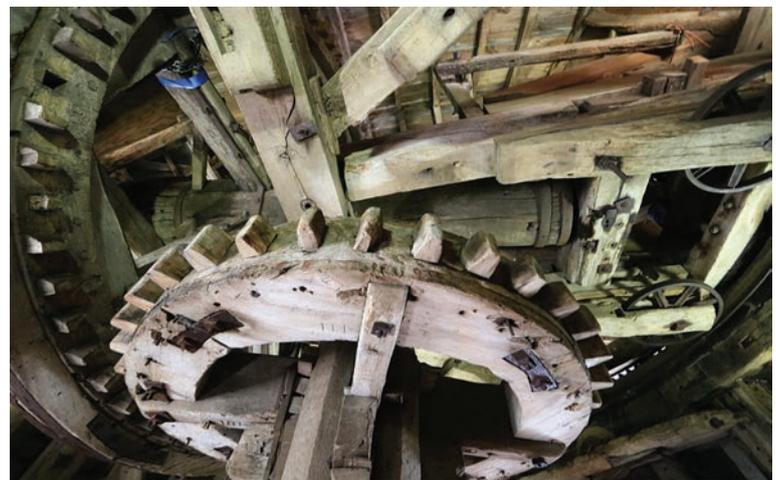
We look forward to seeing you in 2022.

Contact details: contact@laceygreenwindmill.org.uk or jane@laceygreenwindmill.org.uk.

www.laceygreenwindmill.org.uk



Photographs courtesy Mike Beckley





ESTD. 2020



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Photographs courtesy Jonathan Hilder

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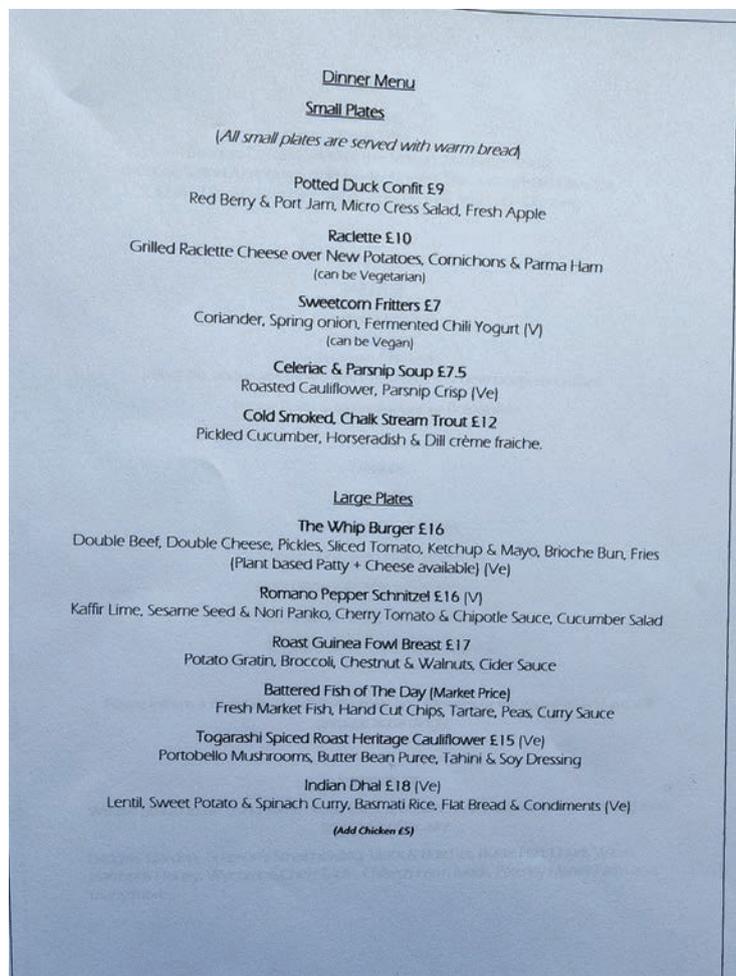
I am delighted to tell you all that "Rays Kitchen" is now OPEN at the Whip, Pink Road, Lacey Green!

We are open for lunch or dinner, Wednesday to Saturday and on Sundays for the great Sunday Lunch. See our menu below. We also have a specials board in house!

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Ray and the team





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